

Day Care is our featured topic this month:

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Now for sale from DSDC

Best Practice in Healthcare Design for People with Dementia

(sponsored by the Scottish Government)

Various authors, 2007

This pack contains revised reprints of "Designing Gardens for People with Dementia" and "Designing Interiors for People with Dementia", along with two new publications: "Designing Lighting for People with Dementia" and a Dementia Design Checklist. It provides a comprehensive toolkit for both experts and lay-people, allowing them to make small changes to caring environments which will result in them being much more dementia-friendly. Price: £35

More information on DSDC publications is available from

<http://www.dementiabooks.co.uk>



In the headlines

Care homes criticised for restraints on residents

Older people are being tied to their beds and drugged with unnecessary sedatives to avoid disturbance in understaffed care homes, according to government inspectors.

The Guardian, 18 December 2007

<http://www.guardian.co.uk/society/2007/dec/18/longtermcare.socialcare>

Camera 'aids memory loss fight'

Experts believe a wearable digital camera may hold the key to helping people who have memory problems.

BBC News Online, 11 December 2007

<http://news.bbc.co.uk/1/hi/health/7138512.stm>

Alzheimer's drugs appeal granted

A row over funding for Alzheimer's drugs on the NHS is to go to the Court of Appeal. The manufacturer of one drug - Aricept - has been fighting a decision to restrict access to patients in the later stages of the disease.

BBC News Online, 5 December 2007

<http://news.bbc.co.uk/1/hi/health/7129623.stm>



The Dementia Services
Development Centre



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Day care Introduction

Day care as a concept of care in the current climate has many challenges. One of these challenges is whether we still think in terms of day care or day support, given the individual and differing needs of people with dementia? Not for everyone is attending as part of a large group. If we are to think in terms of flexibility and variety "One model does not fit all".

In the climate of best value it is important not to lose the "quality of experience" for the individual. The impact of size of group and ratio of support staff are vital to consider if the experience is to be beneficial for the person with dementia. Maintaining and strengthening remaining skills, enhancing confidence and self-esteem can only take place in an atmosphere of calm and trust. This in return may give the carer a quality break and help to reduce possible feelings of guilt that can be associated with the provision of breaks.

Transport to and from day care presents another challenge. Flexibility is needed if we are to truly make day care/support a positive experience for all. There are examples of day care beginning with the care worker getting the person ready for the transport arriving, and then accompanying them from home to the day care/support group. The use of volunteer drivers working in conjunction with the person with dementia and their carers is essential if anxiety levels are to be reduced.

A third challenge is in regard to younger people or those who are early into the experience of dementia and may need support during the day. This form of support is very different from the more traditional role of day care. There is a need to establish centres where people can drop in, where members are actively involved in the running of the centre. One-to-one support is yet another innovation of day support for people with dementia and their carers.

In summary, day care is a vital component in the support of people with dementia and those who care for them. Like any other form of support the experience for all must be as positive as possible, and this means continually reviewing the existing service. Crucially, this means listening to those who use the service and acting to devise support that demonstrates a flexibility of delivery.

Innovation, quality and flexibility must be uppermost in our thoughts.

Jim Kilgour
Team Manager
Joint Dementia Initiative
Falkirk

Day care

Web Resources

Adult day care: one form of respite for older adults

<http://www.archrespice.org/archfs54.htm>

ARCH National Respite Network

Adult day care centers: a guide to options and selecting the best center for your needs

http://www.helpguide.org/elder/adult_day_care_centers.htm

Helpguide.org

Selecting an adult day care center

<http://www.ec-online.net/Knowledge/Articles/adultday.html>

ElderCare Online

Glasgow Younger Persons Support Service

<http://www.alzscot.org/pages/regions/youngerpersons.htm>

Alzheimer Scotland

Day care in rural areas

<http://www.jrf.org.uk/knowledge/findings/socialcare/SC72.asp>

Joseph Rowntree Foundation

Planning and design guide for community-based day care centres

<http://www.alz.co.uk/adi/pdf/daycarecentre.pdf>

Alzheimer's Disease International

Adult day care offers respite to individuals who take care of elderly loved ones

<http://www.webarticles.com/articles/104/1/Adult-Day-Care-Offers-Respite-to-Individuals-Who-Take-Care-of-Elderly-Loved-Ones/Page1.html>

WebArticles

Home from home

<http://www.falkirkonline.net/Specialist%20Services/Joint%20Dementia%20Initiative/home%20from%20home.aspx>

Joint Dementia Initiative

The Haven Day Centre

<http://www.havendaycentre.websyte.com.au/site.cfm/?havendaycentre/>

The Haven Day Centre

Day care

Topic Reading List

Books/Reports

Moore, Keith Diaz, Geboy, Lyn Daily and Weisman, Gerald D.

Designing a better day : guidelines for adult and dementia day service centres
Offers explanation and guidance for planning and designing quality adult day centers. Through case studies, explanations, and illustrations, this work provides caregivers, architects, and administrators tools with which they can make qualitative changes for participants and their families.

Category Book

Location B06C

ISBN 0801884152

Waller, Diane and Sheppard, Linda

Guidelines for art therapists working with older people with dementia.
London: Goldsmiths, 2006.

The purpose of these guidelines is to help therapists who have little or no experience of working with this client group. We aim to present key issues, advice and recommendations for how art therapy sessions might be structured for older people with dementia. The guidelines presented here are intended for use with clients who are in residential or day care facilities, are focussed on group work, and assume that there is a minimum level of resource available.

Category Book

Knocker, Sally

The Alzheimer's Society book of activities.
London: Alzheimer's Society, 2002.

Mainly targeted at care workers in day care or residential settings, but includes many activities that relatives and friends or home/respite carers could try out with individuals.

Category Book

Location D18A

ISBN 187287472X

Clark, Chris

Adult day services and social inclusion : better days.
London: Jessica Kingsley, 2001.

Examines the provision of day services for adults. The book is divided into two parts: the first looks at how policy is designed, including users' own feedback; and the second explores how to apply theory and policy in practice, illustrated with case studies.

Category Book

Location B22

ISBN 1853028878

Books/Reports

Age Concern England

Involving older people in setting standards for day services.

London: Age Concern England, 2005.

This report describes a project undertaken by Age Concern Norfolk to involve older people, particularly day centre service users, in designing quality standards for its day centres across the country. The aims were:- to involve older people, including service users, in defining the criteria for quality day centre services; to involve older people in devising the methods for assessing services; to gain a greater understanding of the contributions older people are willing and able to make in service planning and evaluation.

Category Report

Location B22

Scotland. Scottish Executive

National care standards : support services.

Edinburgh : Scottish Executive, 2002.

Produced by the National Care Standards Committee, which is an advisory body tasked with developing national care standards covering a range of areas for use by the new Scottish Commission for the Regulation of Care. Support Services are all those services which currently come under the heading of 'day care'. They do not include care at home and housing support which are covered by separate standards.

Category Report

Location I(SO/SE)

ISBN 0755903668

Walker, Esther [et al.]

An Evaluation of day care services for people with dementia from the perspective of major stakeholders : final report.

Edinburgh: Queen Margaret University College, March 2001.

Report of a study to evaluate daycare services for people with dementia from the perspective of major stakeholders, the service providers and the service users. The study used a combination of methods to evaluate two daycare facilities. Methods adopted were dementia care mapping and interviews.

Category Report

Location E2B

North Edinburgh Dementia Care

Day care manual.

Edinburgh: North Edinburgh Dementia Care, 2000?.

Day care manual for staff which includes:- working guidelines; working structure; personal care; bathing guidelines; food preparation guidelines; guidelines for working with accidents and emergencies; kitchen duties; guidelines in preparing members to sit and have a meal.

Category Report

Location BF

Journal articles

Ellis, Jim

Establishing a dementia drop-in centre. *Signpost*, 12(1), June 2007, Page(s) 8-9

This article describes the development of a drop-in information and advice centre for people with dementia.

Format: Journal Article

Ref: B22

Jacob, Mini Elizabeth [et al.]

The effect of community based daycare on mental health and quality of life in rural south India : a community intervention study.

International journal of geriatric psychiatry, Vol. 22(5) May 2007, Page(s) 445-447

Sustainable cost-effective interventions to improve psychiatric morbidity and quality of life among the elderly have not been systematically evaluated in developing countries. The most vulnerable elderly people living in Pennathur, Vellore district, India, in terms of socioeconomic status and social supports, were invited to participate in a day-care program.

Format: Journal Article

Ref: B22

Mavall, Lena and Malmberg, Bo

Day care for persons with dementia : an alternative for whom?

Dementia, Vol. 6, Part 1, February 2007, Page(s) 27-43

Day care, as a type of care in between residential care and home help, has been available for several years, and is often referred to as an adequate alternative form of care for people with dementia. The goals of Swedish day care are to create a meaningful day for participants, offer family caregivers respite, and provide care for persons with dementia. The aim of this Swedish study was to describe day care clients with dementia problems over a 12-month period, and to discuss what distinguished those who discontinued day care from those who stayed with it.

Format: Journal Article

Ref: B22

Reilly, Siobhan

Standards of care in day hospitals and day centres : a comparison of services for older people with dementia.

International journal of geriatric psychiatry. 21(5), May 2006, 460- 468.

Current policy in England emphasises the importance of caring for highly dependent older people for as long as possible at home. It is therefore crucial that day care services are effective and widely available. The aim was to compare the type and standard of care provided for older people with dementia in day centre and day hospital settings.

Category Journal Article

Location E

Gitlin, Laura N. [et al.]

Enhancing quality of life of families who use adult day services : short- and long-term effects of the Adult Day Services Plus program.

The gerontologist. 46(5), October 2006, 630-639.

This study examined the short- and long term effects of Adult Day Services Plus (ADS Plus), a low cost care management intervention designed to enhance family caregiver wellbeing, increase service utilisation and decrease nursing home placement of impaired older adults enrolled in adult day care.

Category Journal Article

Location B22

Journal articles

Droes, R.-M.

Effect of the Meeting Centres Support Program on informal carers of people with dementia : results from a multi-centre study.

Aging & mental health. 10(2), March 2006, 112-124.

Because of the complex nature of the problems encountered by carers of persons with dementia, several comprehensive support programs for carers were developed in the past decade. One such program, the Meeting Centres Support Program (MCSP), integrates different types of support for persons with dementia and their carers, which have proved to be effective in practice and/or research. During a study into the national implementation of the MCSP, it was investigated whether the positive effects found in carers that participated in the first Amsterdam Meeting Centres, were also achieved in other regions of The Netherlands.

Category Journal Article

Location B24E

Farmer, Rachel

A room with a vision.

The journal of dementia care. 12(1), Jan/Feb 2004, 14-15.

Article describing a day service for younger people with dementia providing a variety of activities from a single room.

Category Journal Article

Location D01

Shlosberg, Emma

What users and carers think of a service for younger people.

Series JDC Research Focus

The journal of dementia care. 12(1), Jan/Feb 2004, 36-37.

Article describing research which sought views from day care clients and some carers at the Manchester Younger Persons' Dementia Service about the services they received.

Category Journal Article

Location D01

Reever, Karen E

Adult day services plus : augmenting adult day centres with systematic care management for family caregivers.

Alzheimer's care quarterly. 5(4), October/December 2004, 332-339.

This article describes the Adult Day Services (ADS) Plus programme, which adds systematic care management for family caregivers to enhance the well-being of enrollees.

Category Journal Article

Location B22

Gaugler, Joseph [et al]

Adult day service use and reductions in caregiving hours : effects on stress and psychological well-being for dementia caregivers.

International journal of geriatric psychiatry. 18(1), 2003, 55-62. 8 page(s).

Study to determine whether adult day service use interacts with decreases in primary caregiving hours (i.e. the time caregivers spent on activities of daily living, memory problems, and behaviour problems) to alleviate carer stress and negative mental health over time. 30 references

Category Journal Article

Location B24H

Cahill, Suzanne

'They have started to call it their club' : a survey of staff views of dementia-specific day care centres in Ireland.

Dementia. 2(1), 2003, 85-103. 19 page(s).

The design of residential care facilities for people with dementia has become an area reports survey data on a study of 18 day centres providing dementia-specific care across the Republic of Ireland. Argues for the need for guidelines in best practice in dementia day care to be established in Ireland. 25 references.

Category Journal Article

Location B22

Cobley, Martin

Using outdoor spaces for people with dementia : a carer's perspective.

Working with older people. 6(2), June 2002, 23-30.

Explores how gardens might be used in a therapeutic way to help people with dementia, whether at day care centres, care homes or in their own homes. 18 references.

Category Journal Article

Location D18

Armstrong, Linda and Wright, Anne-Marie

Communication in day care : talking without words.

The journal of dementia care. 10(5) , 2002, 18-19. 2 page(s).

First of two articles on communication in the day care environment. Discusses the importance of awareness of the non-verbal ways in which people communicate.

Category Journal Article

Location C3

Armstrong, Linda

Communication in day care : talking, writing, networks.

The journal of dementia care. 10(6) , 2002, 28-29. 2 page(s).

Second of two articles on communication in a day care setting (the T&T Club in Edinburgh) discusses good practice in verbal communication. 2 references.

Category Journal Article

Location C3

Leitsch, Sara A

Medical and social adult day service programs.

Research on aging. 23(4), July 2001, 473-498.

Study investigating the differences between medical and social daycare for people with dementia service models on three levels: characteristics of programme, the service user (person with dementia) and the carer. 15 references.

Category Journal Article

Location E2B

Le Mesurier, Nick

Over the hills and far away

providing accessible day care services for older people in rural areas.

Managing community care. 8(4), August 2000, 33-37.

Paper describing a dispersed service operated by Age Concern, Leominster. The service uses local facilities to offer daycare services to elderly people living in isolated rural communities. Not dementia specific but of interest. 15 references.

Category Journal Article

Location B22B

Current Awareness

Dementia in the News

Healthy diet 'cuts dementia risk'

More evidence that a diet rich in oily fish and vegetables can reduce the chances of dementia later in life has been uncovered by scientists.

BBC News Online, 13 November 2007

<http://news.bbc.co.uk/1/hi/health/7092292.stm>

How singing unlocks the brain

As Bill Bundock's Alzheimer's progressed, he became more and more locked into his own world. His desire and ability to hold conversation began to come back after he started attending the local sing-song group, aimed especially for people with dementia.

BBC News Online, 20 November 2007

<http://news.bbc.co.uk/1/hi/health/4448634.stm>

Public Inquiry: Challenging designers to think about dementia

Maria Parsons challenges designers to think about dementia.

The Guardian, 21 November 2007

<http://www.guardian.co.uk/society/2007/nov/21/guardiansocietysupplement>

End the clone predicted as research scientists create stem cells from skin

Scientists have announced that they are able to "rewind" adult cells back to their embryonic state, which will allow them to study diseases such as Alzheimer's and muscular dystrophy.

The Guardian, 21 November 2007

<http://www.guardian.co.uk/science/2007/nov/21/stemcells>

Dementia sufferer wins fight for free care

A 94-year-old dementia sufferer has won a High Court fight to force the NHS to pay her nursing home fees.

The Telegraph, 22 November 2007

<http://www.telegraph.co.uk/news/main.jhtml?xml=/news/2007/11/22/ndementia122.xml>

Report puts spotlight on homes' failings in caring for people with dementia

A study published by the Alzheimer's Society highlights how "basic standards of dignity and respect are being ignored" in the care of dementia sufferers in residential homes, with families often wary of complaining in case their relatives suffer reprisals.

The Guardian, 27 November 2007

<http://www.guardian.co.uk/society/2007/nov/27/longtermcare.socialcare>

New targets in fight against dementia

Hospitals will be set new targets for the early diagnosis of dementia as part of a package of improvements announced by public health minister Shona Robison. From next April, individual health boards will be assessed and given targets to meet nationally agreed standards of diagnosis within three years.

EveningTimes Online, 11th December 2007

http://www.eveningtimes.co.uk/news/display.var.1895048.0.new_targets_in_fight_against_dementia.php

Current Awareness New Library Stock

Activities/ Complementary Therapies

Pool, Jackie

The Pool Activity Level (PAL) Instrument for occupational profiling : a practical resource for carers of people with cognitive impairment.

London: Jessica Kingsley, 2008

The Pool Activity Level (PAL) Instrument has become the framework for activity-based care systems in a variety of health and social care settings for people with cognitive impairments. This book continues to include the Instrument itself and the photocopyable activity checklists and plans that help to match users' abilities with activities. An additional second section provides a selection of potential activities together with sources for obtaining them.

Format: Book

ISBN9781843105947

Ref: D18

Pool, Jackie and Knocker, Sally

Throwing away the dusty silk flowers and helping people to live life.

Working with older people, Vol. 11, Part 4, December 2007, Page(s) 32-36

Co-ordinated activities are gradually becoming an integral part of nursing and residential care home life. In this article, the author states the case for taking activity seriously, arguing that we still have a long way to go as she presents the findings from NAPA's recent examination of the current state of activity provision in care homes.

Format: Journal Article

Ref: D18

Acute Care

Fessey, Victoria

Patients who present with dementia : exploring the knowledge of hospital nurses.

Nursing older people, Vol. 19, Part 10, December 2007, Page(s) 29-33

With the population growing, there is likely to be an increase in the numbers of people with dementia on acute hospital wards. This article presents some of the findings from a Masters study (Ballard 2005) that explored the knowledge, understanding and implications for care of adult nurses working with patients who present with dementia in general hospital wards.

Format: Journal Article

Ref: B11B

Advocacy

Scourfield, Peter

A commentary on the emerging literature on advocacy for older people.

Quality in ageing, Vol. 8, Part 4, December 2007, Page(s) 18-27

This paper comments on emerging themes derived from recent official publications on older people's advocacy in the UK. There is an examination of relevant policy documents and the responses from service user groups. Discussion includes: clarity in defining advocacy; the nature of the advocacy relationship; sustained and reliable financing of advocacy services; the uneven nature of provision; lack of inter-agency connectivity; the need to establish national standards for advocacy; problems of mental capacity; and advocacy for care home residents and for minority groups. The need for and direction of future research is proposed.

Format: Journal Article

Ref: B03A

Assessment/Diagnosis

Kohler, Leonore

Proxy screening tools improve the recognition of dementia in old-age homes : results of a validation study.

Age and ageing, Vol. 36, Part 5, September 2007, Page(s) 549-554

Despite the high true prevalence of dementia, demential disorders of residents of old-age homes may often not be recognised. There is a need for a standardised tool which includes observations of nursing staff.

Format: Journal Article

Ref: C1D

Worden, Angela and Challis, David

Factors associated with higher quality assessment tools in care homes.

Journal of care services management, Vol. 2, Part 1, October-December 2007, pp. 79-91

This paper investigates the relationship between the quality of assessment tools used in care homes and the different characteristics of care homes in part of North-West England.

Format: Journal Article

Ref: C1

Toofany, Swaleh

Tools for care.

Nursing older people, Vol. 19, Part 10, December 2007, Page(s) 13-15

The author reviews the assessment tools available for use in the care of older people.

Format: Journal Article

Ref: C1

Care of People with Dementia

Tom Kitwood on dementia : a reader and critical commentary.

Maidenhead: Open University, 2007

Tom Kitwood was one of the most influential writers on dementia of the last 20 years. Key concepts and approaches from his work on person-centred care and well-being in dementia have gained international recognition and shaped much current thinking about practice development. This Reader brings together 20 original publications by Kitwood which span the entire period of his writing on dementia, and the different audiences for whom he wrote.

Format: Book

ISBN9780335222711

Ref: B

Communication

Ellis, Jim

Sharing pictures in a nursing home.

Signpost, Vol. 12, Part 2, October 2007, Page(s) 33-35

The author writes about his visits to a dementia-registered care home where he uses various types of pictures as a stimulus for "personalised companionship" with the residents.

Format: Journal Article

Ref: C3

Murphy, Joan, Gray, Cindy M. and Cox, Sylvia

Communication and dementia : how Talking Mats can help people with dementia to express themselves.

York: Joseph Rowntree Foundation, 2007

This report examines the effectiveness of Talking Mats, a low-tech communication tool, in helping people at different stages of dementia to express their views.

Format: Report

Ref: C3

Day Care**Lamberti, Julie, Edelman, Perry and Fulton, Bradley R.**

Measuring success in a dementia-specific adult day program.

Alzheimer's care today, Vol. 8, Part 4, October-December 2007, Page(s) 304-308

House of Welcome (HOW) Adult Day Services is a specialised program for persons with Alzheimer's disease and related dementias serving older adults and their families in the Chicago area. Evaluation is a critical component of HOW's program. Staff use observing quality of life in dementia, a reliable and valid observational tool, to assess the impact of structured activities on participants. Data from this tool are computerised and a variety of reports can be generated for care planning, communicating with families, and reporting to funding sources and accrediting bodies.

Format: Journal Article

Ref: B22

Design**Watchman, Karen**

Living with dementia : adapting the home of a person who has Down's syndrome and dementia : a guide for carers.

Edinburgh: Down's Syndrome Scotland, 2007

People with dementia will be affected by changes in behaviours at different stages of their illness. This book is a collection of potential issues that you may come across in the home, with suggested solutions. The possible reasons for these changes are explained by people with Down's syndrome. Also available online:

<http://www.dsscotland.org.uk/publications/families-friends-carers/living-with-dementia.pdf>

Format: Book

Ref: B06

Diet/Nutrition**Homes, S.**

The effects of undernutrition in hospitalised patients.

Nursing standard, Vol. 22, Part 12, November/December 2007, Page(s) 35-38

The prevalence of undernutrition in hospitals is significant, affecting between 13% and 78% of acute patients depending on the population studied. This article considers the causes and effects of undernutrition and identifies strategies to overcome it.

Format: Journal Article

Ref: D24

Elder Abuse

Hussein, Shereen, Manthorpe, Jill and Penhale, Bridget

Public perceptions of the neglect and mistreatment of older people : findings of a United Kingdom survey.

Ageing & society, Vol. 27, Part 6, November 2007, Page(s) 919-940

Large surveys of the general population's perceptions of the neglect and mistreatment of older people are few. This article provides evidence about the public's awareness of 'elder abuse' at a time of considerable media and political interest in the subject in many countries. It presents the findings of a survey of 1000 adults' knowledge of the neglect and mistreatment of older people in the UK.

Format: Journal Article

Ref: A3B

End of Life Care

Seymour, Jane [et al.]

Planning for choice in end-of-life care : educational guide.

London: Help the Aged, 2006

This guide has been developed to raise awareness about advance care planning amongst older people. Advance care planning means looking ahead at possible future options for health care, particularly at the end of life, and expressing preferences. This guide provides information to help readers to think about what is right for them as individuals.

Format: Book

ISBN1845980026

Ref: E2D

Evaluation/Monitoring

Edelman, Perry [et al.]

Assessing quality of life across the dementia continuum : two new observational tools for researchers and practitioners.

Alzheimer's care today, Vol. 8, Part 4, October-December 2007, Page(s) 332-343

Researchers and practitioners require reliable and valid methods for measuring the quality of life (QOL) of people with dementia to assess the impact of interventions, identify activities that are most engaging and pleasurable, and improve dementia care practice.

Format: Journal Article

Ref: B04

Gill, Karminder S. [et al.]

Quality of long-term care as reported by residents with dementia

Alzheimer's care today, Vol. 8, Part 4, October-December 2007, Page(s) 344-359

Given the number of individuals with dementia who reside in nursing homes and residential care/assisted living settings, and the importance of the quality of their care, it is desirable that methods be available for them to rate their care. This study demonstrates that even residents with severe dementia can reliably and validly report on care using the Resident Report of Care. Includes appendix - "domains and items of the Resident Report of Care, for use in nursing homes and residential care settings.

Format: Journal Article

Ref: B04

Exercise

Rosie, Juliet and Taylor, Denise

Sit-to-stand as home exercise for mobility-limited adults over 80 years of age : GrandStand

system may keep you standing?

Age and ageing, Vol. 36, Part 5, September 2007, Page(s) 555-562

This study aims to compare the effects of functional home exercise of repeated sit-to-stands with low-intensity progressive resistance training, on performing measures in mobility-limited adults over 80 years of age.

Format: Journal Article

Ref: D18C

Guardianship

Moye, Jennifer [et al.]

Conceptual model and assessment template for capacity evaluation in adults guardianship.

The gerontologist, Vol. 47, Part 5, Page(s) 591-603

The authors develop a conceptual model and associated template that is usable across state jurisdictions for evaluating the independent-living capacity of older adults in guardianship proceedings.

Format: Journal Article

Ref: B01A

Health and Welfare

Practitioners' views of the Mental Welfare Commission for Scotland : 2007 survey : summary report.

Edinburgh: The Scottish Development Centre for Mental Health, 2007

Mental health practitioners in Scotland took part in an independent survey in early 2007 about their experience of the Mental Welfare Commission for Scotland. This report gives the results of this survey.

Format: Report

Ref: A2

Bowling, Anne Gabriel, Zahava

Lay theories of quality of life in older age.

Ageing & society, Vol. 27, Part 6, November 2007, Page(s) 827-848

This paper presents findings from a national survey on quality of life in older age. The main aim of these analyses was to examine the definitions of quality of life given by people aged 65 or more years and the underlying reasons.

Format: Journal Article

Ref: A2

Martin, Finbarr [et al.]

National clinical audit of falls and bone health in older people.

London: Royal College of Physicians, 2007

The authors report the findings of the first national clinical audit to investigate the care received by individual patients who have fallen and sustained a fragility fracture of the hip, wrist, humerus, pelvis or vertebra. Falls are the commonest reason for an older person to attend Accident & Emergency and for being admitted to hospital. Hip fractures are the most frequent fragility fracture caused by falls and the most common cause of "accident" related death.

Format: Report

Ref: A2

Hall, Cerdic [et al.]

Keeping the thread : old men's social networks in Sydney, Australia.

Quality in ageing, Vol. 8, Part 4, December 2007, Page(s) 10-17

This study aimed to find out more about older men's experience of social activities including their preference for creating and maintaining satisfying social connections and to identify barriers and enablers to their participation in social activities.

Format: Journal Article

Ref: A2

Lillyman, Sue

Fear of social isolation : results of a survey of older adults in Gloucestershire.

Nursing older people, Vol. 19, Part 10, December 2007, Page(s) 26-28

A lifestyle survey of older adults living in Gloucestershire was carried out by Birmingham City University (formerly The University of Central England) and Age Concern Gloucestershire in 2006. Participants were asked to identify three main areas of concern for their retirement and while fears about health topped the list, fear of social isolation was cited by 11% of participants, forced through events such as lack of mobility, loss of their partner and closure of community facilities such as post offices.

Format: Journal Article

Ref: A2

Preventing falls : strength and balance exercises for healthy ageing.

London: Help the Aged, 2006

Illustrated exercises for improving strength and balance with a view to preventing falls.

Format: Book

Ref: A2

George, James [et al.]

Improving quality and value in healthcare for frail older people.

Quality in ageing, Vol. 8, Part 4, December 2007, Page(s) 4-9

This article reports an important multi-centre practice-based review that identifies good practice and an ideal pathway for the healthcare of frail older people, which, if replicated nationally, could result in improved quality of care and better value for money for the NHS.

Format: Journal Article

Ref: A2

Skelton, Dawn and Dinan, Susie

Explaining about the benefits of active ageing.

Exercise not only keeps a healthy body, but prevents disease, maintains good mental health and can encourage social engagement. In this first article, the authors examine the evidence supporting these claims and the importance of active ageing, believing that you are never too old to start exercising.

Format: Journal Article

Ref: A2

Robertson, Carolyn

Making the community look at older people differently.

Working with older people, Vol. 11, Part 4, December 2007, Page(s) 23-27

The author describes the extent of the work of Age Concern's ActiAge Unit that works to promote older people's quality of life and wellbeing through a variety of initiatives. However, further joined-up thinking and the input of other agencies is needed so that more can be achieved for older people.

Format: Journal Article

Ref: A2

Health/Welfare

Tips & strategies.

Age and ageing, Vol. 8, Part 4, October-December 2007, Page(s) 373-374

Tips and strategies for measuring and influencing the quality of life of people with dementia.

Format: Journal Article

Ref: B02

Kuhn, Daniel

Adding life to years, not years to life.

Alzheimer's care today, Vol. 8, Part 4, October-December 2007, Page(s) 289-291

Quality of life is of vital importance to people with Alzheimer's disease, their families and the professionals who care for them.

Format: Journal Article

Ref: B02

Dementia care nursing : promoting well-being in people with dementia and their families.

Basingstoke: Palgrave Macmillan, 2008

This book provides a systematic guide for nurses on how dementia care may be developed and enhanced.

Format: Book

ISBN 9781403916518

Ref: B02

Dyck, Phyllis

Living a quality life with dementia.

Alzheimer's care today, Vol. 8, Part 4, October-December 2007, Page(s) 301-303

This article details the top five ingredients needed to live a "quality" life as identified by a group of people with early-onset Alzheimer's disease.

Format: Journal Article

Ref: B02

Housing

Croucher, Karen [et al.]

Comparative evaluation of models of housing with care for later life.

York: Joseph Rowntree Foundation, 2007

A growing number of housing schemes for older people combine independent living with relatively high levels of care. However, there are questions about what, if any, model works best for older people. This report examines how different models of housing with care address the needs of older people. This longitudinal study compares seven housing with care schemes including 'village' style and smaller schemes operated by a range of provider organisations in different locations. The authors consider what makes schemes distinctive, service and resources and how different needs for housing, care and support are balanced.

Format: Report

Ref: B12N

Tinker, Anthea [et al.]

Extra care housing : a concept without a consensus.

Quality in ageing, Vol. 8, Part 4, December 2007, Page(s) 33-44

Extra care housing has developed from sheltered housing and has increasingly been seen as a popular option by policy-makers for a number of reasons. These include the inability of conventional sheltered housing to be an adequate solution for a growing population of very old people, the decline in popularity and high costs of residential care and perceived problems with older people staying in mainstream housing. There is, however, no agreed definition of extra care housing, even though a growing number of government grants are becoming available for this type of housing.

Format: Journal Article

Ref: B12N

Interior Design & Fitments**Andersson, Jonas E.**

Dementia and light : an inventory of the design of indoor lighting as a unit

Haninge, Sweden: KTH Syd, 2003

This survey is the result of a study carried out in a building for elderly care. The objective was to study the presence of "sundown syndrome" in a unit designated for elderly people with dementia in Sweden, and to study whether the lighting equipment has been adapted to try to counterbalance or ease the effects of the syndrome.

Format: Report

Ref: B06A

Learning Disabilities**Gaughan, Anna**

Development of a multidisciplinary support pathway for people with learning disabilities with complex needs and/or whose behaviour challenges services.

Journal of care services management, Vol. 2, Part 1, October-December 2007, pp 54-78

This paper describes the process undertaken by local partner organisations across a health and social care economy, to develop and agree a multidisciplinary support pathway for the local inpatient assessment and treatment unit, for people with learning disabilities whose behaviour challenges current services.

Format: Journal Article

Ref: H4

Legal**Duff, Susan M. and McDonald, Fiona F.**

The elder client : a practical guide.

Edinburgh: W. Green & Son, 2007

It is a well known fact that Scotland has an ageing population. There are now a larger number of elderly people in the country, people who are facing legal situations relating to their age, or who wish to prepare for that time. Many want to ensure that their later years will be looked after with care and sensitivity, and their finances managed correctly. In response to this situation the authors, solicitors with vast experience in advising elder clients and their families, have written this book, focusing on legal issues which affect older members of society.

Format: Book

ISBN 9780414016804

Ref: A1

Atkinson, Jacqueline M.

Advance directives in mental health : theory, practice and ethics.

London: Jessica Kingsley, 2007

This book is a guide to the legal, ethical and medical issues surrounding treatment in the event of future episodes of mental illness.

Format: Book

ISBN 9781843104834

Ref: B01

Longstay Care

A fair contract with older people? : a special study of people's experiences when finding a care home.

London: Commission for Social Care Inspection, 2007

This report focuses on the experiences of older people who decide to move into a care home. The authors examine whether older people, carers and relatives get the information, advice and support needed at every stage of their move into a care home and whether they are provided with clear contracts or agreements about what the care home will provide and who pays for what.

Format: Report

Ref: B1

Nursing Homes

Burgio, Louis D. [et al.]

A longitudinal examination of agitation and resident characteristics in the nursing home.

The gerontologist, Vol. 47, Part 5, October 2007, Page(s) 642-649

Agitation frequently accompanies cognitive decline among nursing home residents. This study used cross-sectional and longitudinal (up to 18 months) methods to examine agitation among profoundly and moderately impaired residents using both staff report and direct observational methods.

Format: Journal Article

Ref: B12J

Phillips, Charles D. [et al.]

Evaluating nursing home performance indicators : an illustration exploring the impact of facilities on ADL change.

The gerontologist, Vol. 47, Part 5, October 2007, Page(s) 683-689

Performance measurement systems for nursing homes assume that facility performance contributes heavily to individual outcomes. This research illustrates how that assumption can be assessed using the change in residents' activities of daily living (ADLs).

Format: Journal Article

Ref: B12J

Arling, Greg [et al.]

Nursing effort and quality of care for nursing home residents.

The gerontologist, Vol. 47, Part 5, October 2007, Page(s) 672-682

The purpose of this study was to determine the relationship between nursing home staffing level, care received by individual residents and resident quality-related care processes and functional outcomes.

Format: Journal Article

Ref: B12J

Other dementias

Greve, Kevin W., Curtis, Kelly L. and Bianchini, Kevin J.

Diogenes Syndrome : a five-year follow up.

International journal of geriatric psychiatry, Vol. 22, Part 11, November 2007, Page(s) 1166-1167.

Research letter. Follow up to a previous article reporting on an apparent case of Diogenes Syndrome.

Format: Journal Article

Ref: H6

Person Centred Care

Alternative approaches to supporting individuals with dementia : enhancing quality of life through hypnosis.

Alzheimer's care today, Vol. 8, Part 4, October-December 2007, Page(s) 321-331

This article describes a pilot study exploring the use of hypnosis to influence 7 aspects of psychological quality of life in individuals with dementia.

Format: Journal Article

Ref: D12

Platt, Denise

A testing future for care services.

Professional social work, November 2007, Page(s) 12-13

The author sets out the challenges for social work of listening to service user needs and providing personalised care for individuals who rarely ever conform to any straightforward categorisation.

Format: Journal Article

Ref: D12

Logdson, Rebecca G., McCurry, Susan M. and Teri, Linda

Evidence-based interventions to improve quality of life for individuals with dementia.

Alzheimer's care today, Vol. 8, Part 4, October-December 2007, Page(s) 309-318

Individuals with cognitive impairment, their family members, and their care providers have all identified "quality of life" as a central goal in the treatment of dementia. This article identifies factors that influence quality of life for individuals with cognitive impairment, review evidence-based psychosocial interventions that improve quality of life for community-residing individuals with dementia, and describe innovative randomised clinical trials designed to improve or maintain quality of life for individuals with mild to moderate memory

Format: Journal Article

Ref: D12

Planning - Health and Social Care

Manthorpe, Jill [et al.]

Four years on : the impact of the National Service Framework for Older People on the experiences, expectations and views of older people.

Age and ageing, Vol. 36, Part 5, September 2007, Page(s) 501-507

Evaluation of the impact of the National Service Framework for Older People on the experiences and expectations of older people, 4 years into its 10 year programme.

Format: Journal Article

Ref: A5

Wilkinson, Carole

A competent, confident workforce.

Journal of care services management, Vol. 2, Part 1, October-December 2007, Page(s) 6-10

This comment is based on a presentation given to the Annual Seminar of the Social Care Association held in Scotland in March 2007. The theme of the conference was 'Care to innovate'. The presentations set out the policy and key objectives of the UK Sector Skill's Council's Skills for Care and Development.

Format: Journal Article

Ref: A5

Harwood, Rowan H.

Evaluating the impact of the National Service Framework for Older People : qualitative science or populist propaganda?

Age and ageing, Vol. 36, Part 5, September 2007, Page(s) 483-485

The 'evidence-base' for policy in UK healthcare is often conspicuous by its absence. But can we assemble evidence on the effectiveness of policy?

Format: Journal Article

Ref: A5

Ward, Francis and Finch, Stephanie

The National Minimum Dataset for Social Care : why be interested?

Journal of care services management, Vol. 2, Part 1, October-December 2007, pp. 11-16

Data about the social care workforce are patchy, incomplete and largely focused on the statutory sector, which is thought to employ less than one third of the whole workforce. Why is there this lack of data and why does it matter?

Format: Journal Article

Ref: A5

Registration and Inspection**Duncan, Bill**

Inspecting for improvement in Scotland.

Journal of care services management, Vol. 2, Part 1, October-December 2007, pp. 17-27

This paper examines significant changes to the inspection methodology for regulated care services which are being introduced by the Scottish Care Commission from April 2008. It examines how the changes aim to promote greater involvement of service users and carers, self-assessment by service providers and the publication of quality grades for services. It examines how such changes will be delivered in a targeted and proportionate way and they aim to encourage service improvement.

Format: Journal Article

Ref: B12G

Brand, Sue

RDB Star Rating.

Journal of care services management, Vol. 2, Part 1, October-December 2007, pp. 47-53

Providing and demonstrating "quality care" is now the key to the future survival of every care home in the UK. With the introduction of the CSCI "quality ratings", the Annual Quality Assurance Assessment and the change in frequency of inspections, the challenge to providers is how effectively they can demonstrate the "quality care" they provide. This paper looks at the RDB Star Rating System which is an independent, rigorous, annual programme of client-focused assessment.

Format: Journal Article

Ref: B12G

Residential Care

Home from home : quality of care for people with dementia living in care homes.
London: Alzheimer's Society, 2007

This report was produced as part of the Alzheimer's Society 'Putting care right' campaign with the aim of providing an up-to-date understanding of carers' perceptions of the quality of dementia care provided in care homes and recommending action to bring the quality of all homes up to that of the best.

Format: Report

Ref: B12

Orrell, Martin [et al.]

A cluster randomised controlled trial to reduce the unmet needs of people with dementia living in residential care.

International journal of geriatric psychiatry, Vol. 22, Part 11, November 2007, Page(s) 1127-1134

Research article. Older people with dementia living in residential care have complex unmet needs and decreased quality of life. This research aims to reduce unmet needs in older people with dementia in residential care compared to a care as usual control group.

Format: Journal Article

Ref: B12

Rural

Craig, Gary and Manthorpe, Jill

Fresh fields : rural social care : research, policy and practice agendas.

York: Joseph Rowntree Foundation, 2000

Policy for rural areas is moving rapidly up the policy agenda for government and other public bodies. Issues of funding and accessing services in rural areas, declining transport and employment opportunities, growing awareness of rural deprivation, and the withdrawal of basic services, such as banks and post offices, are being hotly debated. This report is a contribution to that wider debate, focusing in particular on the difficulties surrounding the provision of good quality, affordable and appropriate social care for older people and those with disability, who live in Britain's sparsely-populated areas.

Format: Report

Ref: B22B

Sensory Impairment

Pountney, David

AMD : out of sight out of mind.

Nursing older people, Vol. 19, Part 10, December 2007, Page(s) 16-19

As the National Institute for Clinical Excellence bows to pressure and extends its consultation on new drugs, the author looks at the treatment options and care offered to older patients coping with age-related macular degeneration.

Format: Journal Article

Ref: C3A

Brink, Peter and Stones, Michael

Examination of the relationship among hearing impairment, linguistic communication, mood, and social engagement of residents in complex continuing-care facilities.

The gerontologist, Vol. 47, Part 5, October 2007, Page(s) 633-641

The purpose of this study was to determine if functional hearing impairment in continuing-care residents is associated with mood and social engagement.

Format: Journal Article

Ref: C3A

Staffing

Stearns, Sally C. [et al.]

Determinants and effects of nurse staffing intensity and skill mix in residential care/assisted living settings.

The gerontologist, Vol. 47, Part 5, October 2007, Page(s) 662-671

Residential care/assisted living facilities have become an alternative to nursing homes for many individuals, yet little information exists about staffing in these settings and the effect of staffing. This study analysed the intensity and skill mix of nursing staff using data from a four-state study, and their relationship to outcome.

Format: Journal Article

Ref: B12D

Castle, Nicholas G., Engberg, John and Men, Aiju

Nursing home staff turnover : impact on nursing home compare quality measures.

The gerontologist, Vol. 47, Part 5, October 2007, Page(s) 650-661

The authors used data from a large sample of nursing home to examine the association between staff turnover and quality.

Format: Journal Article

Ref: B12D

Technology and Design

Williams, Gareth and Doughty, Kevin

Towards an evaluation framework for telecare services.

Journal of assistive technologies, Vol. 1, Part 1, October 2007, Page(s) 42-47

Telecare is a new form of assistive technology that has the potential to offer benefits to a wide range of stakeholders including the service user, informal carers and formal care services. It is a complex intervention, combining selected items of technology and telecommunications equipment in combination with conventional community services in order to support independent living.

Format: Journal Article

Ref: B07

Fisk, Malcolm J.

Good practice for telecare services in the UK.

Journal of assistive technologies, Vol. 1, Part 1, October 2007, Page(s) 48-52

The growth of telecare is providing an infrastructure that will underpin services at home for a growing number of people with support needs in the UK. Increasing proportions of telecare service users have critical or substantial needs (according to the Fair Access to Care Services criteria operated by social services authorities). There is the concomitant requirement that such services must be provided in accordance with good practice.

Format: Journal Article

Ref: B07

Wandering

Evidence-based protocols for managing wandering behaviours.

New York: Springer, 2007

Wandering behaviours are among the most frequent, problematic and dangerous conditions associated with dementia and a continual challenge in health care and the community. Strongly research-based, this book presents and analyses research on wandering from the clinical, health care management, and policy literature and offers practical assessment and management tools.

Format: Book

ISBN 9780826163653

Ref: D23