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**Dignity in Dementia Care** is our featured topic this month:

[Introduction by Shona Robison](#)  
[Web resources on Dignity](#)  
[Reading list on Dignity](#)

**Current awareness**  
[Dementia news headlines](#)  
[New Library Acquisitions](#)

## Hitting the headlines

### **A longer life without dignity is a living hell, not a blessing**

Medical advances have increased life expectancy, but the quality of life enjoyed by the elderly has not kept pace

**The Observer Sunday October 14 2007**

<http://politics.guardian.co.uk/comment/story/0,,2190826,00.html>

### **It's curtains for the 'anything for a quiet life' approach**

When was the last time you were locked up, or had your drink spiked? Even in the most cheerfully disordered life, these are rare events, usually peculiar to youth - when you've got the urge for trouble and, hopefully, the resilience to deal with it. But both were in the news recently as regular occurrences for older people in residential care.

**Society Guardian October 10 2007**

<http://society.guardian.co.uk/whenim84/story/0,,2187020,00.html>



## New Publication from DSDC

### **(163) Dementia: A six part self-study course for Health Care Assistants**

*Emma Law, Craig Lewis and Shirley Law, 2007*

This course aims to have the Healthcare Assistant develop existing skills, gain new knowledge and understanding and improve their caring of people with dementia. It involves participants in working through a set of six self-study booklets and is designed to aid understanding and encourage responses to the individual with dementia in a person-centred way. The topics of the booklets are: The Person and Dementia; Seeing the Person; Communication and Behaviour; Support for the Person with Dementia, Family and Carers; Ward Practices; Legal Aspects and Issues in Relation to Dementia. A facilitator's guide to leading the group discussions will soon be available.

**Price: £40.00**



The Dementia Services  
Development Centre



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## Dignity in Dementia Care Introduction

It is important for everyone who works with people with dementia and with their families to have a clear idea of what is meant by "dignity" in health care.

For me, providing, ensuring and maintaining dignity comes down to some simple actions that should be reflected across all we do. We need to provide user-friendly, clear information about all aspects of dementia and dementia care. We need a health care environment that is welcoming, helping and supportive. This is not just bricks and mortar but includes help for all to take part in meaningful activities, even for those in hospitals and care homes. Most important too we need skilled, enthusiastic, listening staff working hard on all aspects of care and support.

The information, the support, the approaches and the staff all combine to deliver and maintain dignity in health care.

Of course there are aspects of dementia which present challenges in preserving that ambition of dignity for all. It is still possible to provide those dignified responses despite the real and present daily challenges presented by dementia though confusion, forgetfulness, and being lost.

With all this in mind the Scottish Government want more staff to have better training, education and service examples that demonstrate the standards we have set in the care of older people and people with dementia. We want staff to be better informed about how to achieve and maintain dignity using those standards as a minimum benchmark for quality of care.

The recent report of the Mental Welfare Commission on unannounced visits to NHS Hospitals this year provided disappointing reading. That report reminded us of the need for constant review and vigilance about the care we provide, how it is provided and of course of the importance of dignity in care.

The Scottish Government has now received an action plan from every NHS Board on what is underway and planned to respond to the criticisms made. An event to further develop and refine local and national action took place this month at the DSDC. The outcomes will go a long way to refocussing attention on the dignity in care we expect to see in all services and approaches.

The promotion and preservation of dignity for all service users, families and staff will be the minimum baseline of this continued focus and attention.

**Shona Robison**  
**Minister for Public Health**



# Dignity

## Web Resources

### **Department of Health**

Dignity in care Campaign

<http://www.dh.gov.uk/en/Policyandguidance/Healthandsocialcaretopics/Socialcare/Dignityincare/index.htm>

### **Social care Institute for Excellence (SCIE)**

Practice guide 09: Dignity in care

Dignity challenge

<http://www.scie.org.uk/publications/practiceguides/practiceguide09/challenge/index.asp>

### **Healthcare Commission**

Caring for dignity : a national report on dignity in care for older people while in hospital

[http://www.healthcarecommission.org.uk/\\_db/\\_documents/Caring\\_for\\_dignity.pdf](http://www.healthcarecommission.org.uk/_db/_documents/Caring_for_dignity.pdf)

Dignity & Older Europeans is an international research project which brings together a range of academics, clinicians, and user groups to explore the concept of dignity in the lives of Older Europeans. The project spanned 3 years until December 2004 and involved 8 partners from 6 European countries including UK, France, Ireland, Spain, Sweden and Slovakia. The project was co-ordinated by Dr Win Tadd, Department of Geriatric Medicine, University of Wales College of Medicine, Cardiff

<http://www.cf.ac.uk/medic/subsites/dignity/index.html>

### **Alzheimer's Society**

Understanding and respecting the person with dementia

[http://www.alzheimers.org.uk/Caring\\_for\\_someone\\_with\\_dementia/info\\_understanding.htm](http://www.alzheimers.org.uk/Caring_for_someone_with_dementia/info_understanding.htm)

### **HealingWell**

Maintaining selfhood and dignity in Alzheimer's patients

<http://www.healingwell.com/library/alzheimers/bryce1.asp>

### **The Linacre Centre**

Human dignity and respect for the elderly

<http://www.linacre.org/elderly.html>

# Dignity

## Topic Reading List

### Books

#### **Caring for dignity : a national report on dignity in care for older people while in hospital.**

London: Commission for Healthcare Audit and Inspection, 2007

The Healthcare Commission focussed on 'dignity' as a key theme in the annual health check for 2006/2007 and undertook a targeted inspection programme to assess the extent to which NHS trusts are meeting the standards relating to dignity in care for hospital inpatients. This report highlights the key findings of the programme of assessment and inspection and sets out recommendations for action to improve the care and overall experience of older people in hospitals.

**Format:** Report

**Ref:** B11

[http://www.healthcarecommission.org.uk/db/documents/Caring\\_for\\_dignity.pdf](http://www.healthcarecommission.org.uk/db/documents/Caring_for_dignity.pdf)

#### **Great Britain. Social Care Institute for Excellence**

Dignity in care /edited by Caroline Ball

London: Social Care Institute for Excellence, 2006.

This guide has been designed for people who want to make a difference and improve standards of dignity in care. It provides information for service users on what they can expect from health and social care services, and a wealth of resources and practical guidance to help service providers and practitioners in developing their practice, with the aim of ensuring that all people who receive health and social care services are treated with dignity and respect.

**Ref.** D12

#### **Kriseman, Nancy L**

The caring spirit approach to eldercare.

London: Health Professions Press, 2005.

Empower staff and enhance the quality of care in long-term care facilities with this innovative training program. Designed for staff, administrators and family members the caring spirit approach will help improve facility morale, reduce staff turnover and prevent caregiver burnout. Additionally, the program will create a culture of caring built upon mutual respect and appreciation between staff, family members and residents. Embracing all spiritual backgrounds and ways of relating, this creative training program reveals the positive outcomes to be gained from infusing spiritual positive outcomes and ethical values into daily routines. The interactive program has 10 professional and 4 family training modules.

**Ref.** G1

**ISBN** 1932529063

#### **Royal College of Nursing**

Dignity on the ward : improving the experience of acute hospital care for older people with dementia or confusion. A pocket guide for hospital staff.

London: RCN, 2000.

Pocket guide for nursing staff, giving an overview of the key issues to be considered when working with people with dementia in hospital acute wards.

**Ref.** B11B

**ISBN** 0905852397

# Dignity

## Topic Reading List

### Journal articles

#### **Pleschberger, Sabine**

Dignity and the challenge of dying in nursing homes : the residents' view.

Age and ageing. 36(2), March 2007, 197-202.

Human dignity is discussed in almost all public debates on the care of the dying, as well as in international policies for health and social care of older people. Because nursing homes are gaining importance as places where residents live out their lives in modern western societies and since there is evidence that end-of-life care in nursing homes lacks quality, there is a growing discussion on introducing improved end-of-life care in these institutions. In order to accomplish this, the view of those who are most affected is of utmost importance.

Ref. E2D

#### **Neno, Rebecca**

Agreeing across the ages.

Nursing older people. 19(2), March 2007, 8.

Last November saw the launch of the Department of Health's dignity in care campaign. The campaign aimed to stimulate a national debate around dignity in care and create a care system where there is zero tolerance of abuse and disrespect of older people. This article details differences between attitudes to ageing in the UK and the South Pacific.

Ref. A4

#### **Lyll, Joanna**

Patients still lack privacy.

Nursing older people. 18(12), January 2007, 9.

Many older people are still placed in mixed sex wards where they lack privacy and dignity, the Healthcare Commission's head of operational development, Marcia Fry, told a conference on ethical and legal issues in the care of older people.

Ref. A2

#### **Lorentzon, Maria and Bryan, Karen**

Respect for the person with dementia : fostering greater user involvement in service planning.

Quality in ageing. 8(1), March 2007, 23-29.

Respect for people with dementia and their involvement in service planning is explored, based on selected research publications and policy papers, mainly from the Department of Health and the Alzheimer's Society. This article supports the inclusion of people with dementia in service planning as part of person-centred care.

Ref. B35

#### **Agnew, Thelma**

Dignity in care : a genuine commitment?

Nursing older people. 18(12), January 2007, 7-8.

The author reports on how older people's nurses are creating initiatives to ensure their patients are treated with dignity.

Ref. A2

# Dignity

## Topic Reading List

### Journal articles

#### **Sturdy, Deborah**

Let's respect.

Nursing older people. 18(10), November 2006, 20-21.

Let's Respect is a resource box of powerful images and case studies. It was launched last month and is being sent to every acute trust in England to provide information and practical suggestions of how to better meet the mental health needs of older people, focusing particularly on acute generic care settings.

**Ref. B11B**

#### **Harrison, Sarah**

Making dignity 'absolutely central' in care.

Nursing older people. 18(11), December 2006, 4.

A national review of training and registration of healthcare professionals who care for older people will take place as part of a Department of Health dignity and respect campaign.

**Ref. A**

#### **Seman, Dorothy**

Defining dignity : a means to creative interventions.

Alzheimer's care quarterly. 6(2), April/June 2005, 111-128.

This article engages in reflection and thoughtful discussions about the meaning of the word dignity and how it can impact on care. The purpose is not to provide specific answers, but, instead, to invite the exploration of the complexity and the meaning of this underlying value, and how it should shape approaches to care.

**Ref. D1**

#### **Woolhead, Gillian**

Dignity in older age : what do older people in the United Kingdom think?

Age and ageing. 33(2), March 2004, 165-170.

Dignity is a complex concept and there is little empirical research to show how older people view dignity. This study, using qualitative methods, explored the concept of dignity from the older person's perspective. The evidence showed that person-centred care for older people needs to be specifically related to communication, privacy, personal identity and feelings of vulnerability. It provides evidence for policy makers and professionals to tailor policies and practices to the needs of the older person.

**Ref. C14**

#### **Fenton, Elizabeth and Mitchell, Theresa**

Growing old with dignity : a concept analysis.

Nursing older people. 14(4), June 2002, 19-21.

Dignity is regarded as an essential requirement in the care of older people, but it is abstract and cannot be measured directly. An analysis of the concept of dignity is useful to the development of nursing theory and practice. 41 references.

**Ref. D**

## Current Awareness

### Dementia in the News

#### **MSPs probe covert medication call**

MSPs have agreed to look into the case of a man who has been campaigning against care homes hiding drugs in the food and drink of residents.

BBC News Online October 2 2007

<http://news.bbc.co.uk/1/hi/scotland/7023097.stm>

#### **'Discipline' may beat Alzheimer's**

Scientists may have discovered a tangible benefit to leading a conscientious life – a reduced risk of Alzheimer's disease.

BBC News Online October 2 2007

<http://news.bbc.co.uk/1/hi/health/7023382.stm>

#### **More evidence ties education to lower dementia risk**

According to research, Older adults with more education seem to have a lower likelihood of developing Alzheimer's disease, regardless of other risk factors.

Reuters October 1 2007

<http://www.reuters.com/article/healthNews/idUSTON17400720071001>

#### **Heavy elderly not at risk of memory decline**

Older adults who are overweight do not seem to be at any extra risk of memory decline, a new study suggests. In fact, researchers found, it was underweight men and women who were more likely to see their memory suffer over time.

Reuters UK September 24 2007

<http://uk.reuters.com/article/healthNews/idUKCOL45645520070924>

#### **Heavy elderly not at risk of memory decline**

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Reuters UK September 24 2007

<http://uk.reuters.com/article/healthNews/idUKCOL45645520070924>

#### **Getting your finances straight**

On World Alzheimer's day, Laura Howard looks at how to set financial affairs in order after the disease has been diagnosed.

The Guardian September 21 2007

[http://money.guardian.co.uk/insurance/\\_lifeandhealth/story/0,,2173610,00.html](http://money.guardian.co.uk/insurance/_lifeandhealth/story/0,,2173610,00.html)

#### **Without a care**

On discovering the conditions her father endured in a home for older people, Alison Clarke was determined to find out whether care always has to be so depressing

Guardian Unlimited September 19 2007

<http://society.guardian.co.uk/longtermcare/story/0,,2171762,00.html>

# Current Awareness New Library Stock

## Activities/ Complementary Therapies

### **Activity provision : benchmarking good practice in care homes.**

London: The College of Occupational Therapists, 2007

This guidance outlines what constitutes 'good' activity provision within care homes for older people. A benchmark tool is provided to evaluate current practice and promote excellence.

**Format:** Book

**Ref:** D18

### **Richardson, Sharon and Richards, Val**

Nurses leading on activities in hospital.

The journal of dementia care, 15(5), September/October 2007, Page(s) 16-17

Article describing how an underused facility in Cefn Coed Hospital was transformed into a safe, therapeutic and sociable environment for people with dementia.

**Format:** Journal Article

**Ref:** D18

## Assessment/Diagnosis

### **Assessing the mental health needs of older people.**

Community care, 1691, September 2007, Page(s) 32-33

Assessing the mental health needs of older people requires the same skills as any other assessment, and is based on the same principles of a person-centred approach and the individual's right to high standards of assessment and services.

**Format:** Journal Article

**Ref:** C1

### **McKnight, Eileen, Bloomer, Alison and Baker, Siobhan**

Nurses working for early diagnosis.

The journal of dementia care, 15(5), September/October 2007, Page(s) 14-15

The authors describe the development of a nurse-led clinic to facilitate early diagnosis of dementia.

**Format:** Journal Article

**Ref:** C1

## Bereavement

### **Kellaher, Leonie**

From grief towards well-being.

Working with older people, 11(3), September 2007, Page(s) 33-36

Even after death, people look to keep the memory or even physicality of their loved ones alive and a part of their everyday life. The author explores people's behaviour towards ashes to help them cope with the grieving process, sometimes contradicting the beliefs of the professionals involved.

**Format:** Journal Article

**Ref:** B24D

## Challenging Behaviour

### **James, Ian and Stephenson, Malcolm**

Behaviour that challenges us : the Newcastle support model.

The journal of dementia care, 15(5), September/October 2007, Page(s) 19-22

In this first of a series of articles, the authors describe the framework developed and used by the Newcastle Challenging Behaviour Service.

**Format:** Journal Article

**Ref:** D2

### **Mackenzie, Lorna and Kennedy, Elizabeth**

Understanding the needs of a proud, independent woman.

The journal of dementia care, 15(5), September/October 2007, Page(s) 22-25

The authors describe how the Newcastle Challenging Behaviour Service team helped care home staff to understand and support a women whose behaviour they found very challenging indeed.

**Format:** Journal Article

**Ref:** D2

### **Scott, Ann and Hutchinson, Tania**

A vital service for care homes.

The journal of dementia care, 15(5), September/October 2007, Page(s) 10-11

The authors report on the development of a Behaviour Sciences Nursing Service to support people with dementia in care homes and the staff who work with them.

**Format:** Journal Article

**Ref:** D2

## Depression

### **Davenhill, Rachael (ed.)**

Looking into later life : a psychoanalytic approach to depression and dementia in old age.

London: Karnac Books, 2007

This book aims to bring alive the relevance and value of psychoanalytic concepts in supporting the core role of colleagues working directly in services for people who are older. It will also be of interest to analysts and psychotherapists interested in old age and the application of psychoanalytic thinking in the public sector.

**Format:** Book

**ISBN** 9781855754478

**Ref:** H7

## Diet/Nutrition

### **Cook, Michelle Schoffro**

The brain wash : a powerful, all-natural program to protect your brain against Alzheimer's, chronic fatigue syndrome, depression, Parkinson's and other diseases.

Mississauga, Ont. : Wiley, 2007

This book is a holistic health plan based on brain, nutrition and healing research. It offers guidance on protecting your brain from damage.

**Format:** Book

**ISBN** 9780470839287

**Ref:** D24

## Down's Syndrome and Related

**Kerr, Diana**

Understanding learning disability and dementia : developing effective interventions.  
London: Jessica Kingsley, 2007

Like the population at large, people with learning disabilities are living longer, and therefore an increasing number are developing dementia. Service providers, planners, doctors, social workers, carers and direct support staff need to be equipped with relevant knowledge prior to the onset of dementia, so that they can devise appropriate therapeutic interventions and coping strategies, including health and medication management and palliative care.

**Format:** Book

**ISBN** 9781843104421

**Ref:** H4A

## Elder Abuse

**Manthorpe, Jill [et al.]**

The UK national study of abuse and neglect among older people.

Nursing older people, 19(8), October 2007, Page(s) 24-26

This article reports briefly on the first UK prevalence study (undertaken in 2006-7) of the abuse and neglect of older people living in the community. Older people living in the community who reported mistreatment and neglect (2.6%) equate to about 227,000 of the population aged 66 and over. If figures are broadened to include neighbours and acquaintances, prevalence increases from 2.6% to 4%. This article identifies risk factors of loneliness, depression and poor quality of life. It suggests that nurses have a key role in day-to-day clinical practice in enabling older people to report abuse and neglect.

**Format:** Journal Article

**Ref:** A3B

## End-of-Life Care

**Cann, Paul**

Explaining about being in this together.

Working with older people, 11(3) September 2007, Page(s) 9-12

Help the Aged, which welcomes the government's end of life strategy, has campaigned considerably in recent years to raise the profile of care of the dying. Through its research and consultation with older people, it is working hard to combat the ageism in dying. After all, "even those who are dying are living right to the end".

**Format:** Journal Article

**Ref:** E2D

**Simard, Joyce**

The end-of-life namaste care program for people with dementia.

Baltimore, Md.: Health Professions Press, 2007

Due to their profound losses, individuals with advanced dementia are often isolated with limited human contact during the final stages of their lives. The Namaste Care program reveals simple and practical ways for direct care staff to provide holistic end-of-life care that supports meaningful connections with people with dementia.

**Format:** Book

**ISBN** 9781932529340

**Ref:** E2D

**Small, Neil, Froggatt, Katherine and Downs, Murna**

Living and dying with dementia : dialogues about palliative care.

Oxford: Oxford University Press, 2007

This book explores what is known about the experience of dying with dementia. It includes personal accounts from patients and those caring for them to provide an alternative perspective to that of the professional. It seeks to build an ethics of care, explores the interaction of individual experience with social context and considers what a good death with dementia might look like.

**Format:** Book

**ISBN** 9780198566878

**Ref:** E2D

## Experience of Dementia

**Kotai-Ewers, Trisha**

Listen to the talk of us : people with dementia speak out.

Shenton Park, W.A.: Alzheimer's Australia (WA), 2007

This book aims to encourage everyone in any way connected with people with dementia to accept their words as having meaning, and to see the worth in seeking this meaning even when it is cloaked in confusion.

**Format:** Book

**ISBN** 9780646474403

**Ref:** H01

## Health and Welfare

**Clare, Linda**

Neuropsychological rehabilitation and people with dementia.

Hove: Psychology Press, 2008

Rehabilitation provides a core concept around which to organise support, intervention and care for people with impairments in memory and other cognitive functions. This book introduces a conceptual framework and rationale for the application of a neuropsychological rehabilitation approach for people with dementia, helping them to manage, bypass or overcome these problems and experience optimum well-being.

**Format:** Book

**ISBN** 9781841696768

**Ref:** B02

## Hospital

**Douglas-Dunbar, Maggi and Gardiner, Penny**

Support for carers of people with dementia during hospital admission.

Nursing older people, 19(8), October 2007, Page(s) 27-30

The aim of this study was to help develop support services for carers of people with dementia on admission to a district general hospital.

**Format:** Journal Article

**Ref:** B11

**Gruneir, Andrea [et al.]**

Hospitalisation of nursing home residents with cognitive impairments : the influence of organisational features and state policies.

The gerontologist, 47(4) August 2007, Page(s) 447-456

The purpose of this study was to quantify the effect of specific nursing home features and state Medicaid policies on the risk of hospitalisation among cognitively impaired nursing home residents.

**Format:** Journal Article

**Ref:** B11

## Longstay Care

**Woods, Bob, Keady, John and Seddon, Diane**

Involving families in care homes : a relationship-centred approach to dementia care. London: Jessica Kingsley, 2008

The decision to move a person with dementia into a care home can be emotional, involving feelings of loss and guilt. This guide offers practical strategies for developing a good relationship between the family and the care home to ease the transition.

**Format:** Book

**ISBN** 9781843102298

**Ref:** B1

## Music

**Nadasen, Krishnavelli Kathleen**

"We are too busy being active and enjoying ourselves to feel the aches and pains" : perceived health benefits of line dancing for older women.

Quality in ageing, 8(3) September 2007, Page(s) 4-14

This paper examines the perceived benefits of line dancing for a group of women between 60 and 80 years of age. It is based on a one-year qualitative research study in Cape Town, South Africa. Line dancing has been classified as a form of aerobic exercise and this study sought to investigate whether these older women perceived line dancing to be beneficial to their health and well-being.

**Format:** Journal Article

**Ref:** D18G

## Older People

**Fernandez-Ballesteros, Rocio (ed.)**

GeroPsychology : European perspectives for an aging world.

Göttingen: Hogrefe & Huber, 2007

Psychologists will have to play a leading role in dealing with the societal and personal implications of an aging population. This volume by experts shows how, by means of a comprehensive overview of research into aging, its effects and its implications for science, training, and profession.

**Format:** Book

**ISBN** 9780889373402

**Ref:** A

## Planning

### **Hayes, Darren**

Dementia timebomb.

Community care, 1691, September 2007, Page(s) 26-27

With the demographic clock ticking and the government's dementia strategy at odds with the High Court ruling on drug treatments, the author looks at a way forward.

**Format:** Journal Article

**Ref:** B05B

### **Andrews, June**

Opinion.

Mental health practice, 11(2) October 2007, Page(s) 37

People with dementia and their carers are best placed to decide where money needs to be spent. The author argues that dementia workers often lack the personal effectiveness needed to get people and systems to listen.

**Format:** Journal Article

**Ref:** B05B

## Psychiatry

### **Morton, Ian**

Psychoanalysis and dementia care : towards a new relationship.

The journal of dementia care, 15(5) September/October 2007, Page(s) 30-31

The author discusses the potential benefits for dementia care of closer links with the world of psychoanalysis, recommending a key text for anyone interested in exploring these ideas.

**Format:** Journal Article

**Ref:** D14

## Rating Scales

### **Guidance for inspectors : short observation framework for inspection.**

London: Commission for Social Care Inspection, 2007

Guidance for inspectors on the short observational framework for inspection, a methodology used to understand the quality of the experiences of people who use services who are unable to provide feedback due to their cognitive or communication impairments.

**Format:** Book

**Ref:** C1D

## Residential Care

### **Furness, Sheila**

Promoting control and interdependence for those living in care homes by establishing "friends of care homes" groups.

Quality in ageing, 8(3) September 2007, Page(s) 24-31

In order to improve the quality of life of older people, whether they live in care homes or domestic settings, new strategies are required that will allow people to have greater control over their own lives as well as promote interdependence rather than dependence on their families and wider communities. This paper advocates that care homes should establish "friends of the care home" groups as one approach that will facilitate better communication, encourage participation and improve relations between staff, residents and their families and friends.

**Format:** Journal Article

**Ref:** B12

### **Owen, Tom and Meyer, Julianne**

My Home Life : a new vision for care home practice.

The journal of dementia care, 15(5) September/October 2007, Page(s) 28-29

The My Home Life programme aims to improve the quality of life for everyone involved in care homes - residents, staff and those who visit. The authors explain how.

**Format:** Journal Article

**Ref:** B12

## Spirituality

### **Parker, Janet**

Spirituality and well-being.

Working with older people, 11(3)September 2007, Page(s) 13-16

Are the majority of churchgoers older because they are of previous generations when religion had a larger role in people's lives? Or is it because of an increased sense of mortality as people age?

**Format:** Journal Article

**Ref:** D19

## Support

### **A national framework for carers and employment.**

Glasgow: Carers Scotland, 2007

This Framework has been developed as part of the ACE initiative in Scotland to raise awareness with both employers and service providers of the issues around work and care. It has been produced to coincide with the implementation of the Work and Families Act 2006 which gives carers the right to request flexible working. The purpose of the document is to provide a resource to help employers implement the new legislation and to promote the development of alternative care solutions to enable carers to remain in or return to paid

**Format:** Book

**Ref:** B24E

## Technology and Design

### **Price, Celia**

Monitoring people with dementia : controlling or liberating?

Quality in ageing, 8(3) September 2007, Page(s) 41-44

In the increasing discussion about electronic assistive technology, the most emotive reactions are provoked when it is suggested that technology is used to monitor older people with dementia. For the past two years practitioners in local authorities and NHS mental health trusts have been using the Just Checking activity monitoring system to assess people with dementia, living alone in their own homes. This system uses small, wireless sensors to monitor the person going about their daily life and produces charts to give care professionals and family carers a clearer "picture" of how a person with dementia is acting in their own home.

**Format:** Journal Article

**Ref:** B07

## User Involvement

### **Cavanagh, Sylvia, Millar, Angela and McLafferty, Ella**

The recognition and use of patient expertise on a unit for older people.

Nursing older people, 19(8) October 2007, Page(s) 31-36

There is growing recognition in health care of the expertise patients bring to the management of their own illness or condition. But some patient groups, including older people, may need encouragement to see their own coping strategies as expertise and nurses have an important role to play in ensuring that patients' experiences are acknowledged and made central to the care offered.

**Format:** Journal Article

**Ref:** B35