

Lighting is our featured topic this month

Vol 5 no 2
February 2008
ISSN 1743-9620

[Introduction](#)
[Web resources on Lighting](#)
[Reading list on Lighting](#)

Current Awareness
[News stories on Dementia](#)
[New books and articles in the DSDC library](#)

New publication

Designing Lighting for People with Dementia

Richard Pollock, David McNair, Brian McGuire, Colm Cunningham
DSDC, 2008.

This book will help those involved in supporting people with dementia understand the importance of lighting and explain how they can make straightforward improvements. It contains many practical suggestions that involve minimal cost, but have the potential to create a homely environment that meets the needs of people with dementia

(Catalogue No. 171) Price: £25



In the headlines

Bridging the gap

Fed up with having no voice on issues that affect them, a group of campaigners with dementia are making themselves heard in the corridors of power.

The Guardian, 6th February 2008

<http://www.guardian.co.uk/society/2008/feb/06/longtermcare.socialcare>

Chancing on a solution

Sube Banerjee has just a year to develop a national dementia strategy - but while identifying the main aims is easy, there are tough tests ahead in changing attitudes and improving diagnosis and care

The Guardian, 13th February 2008

<http://www.guardian.co.uk/society/2008/feb/13/longtermcare.socialcare>

Warning over rates of Alzheimer's

Dementia rates in Northern Ireland are set to double within a generation.

Nursing in practice, 21st February 2008

<http://www.nursinginpractice.com/default.asp?title=WarningoverratesofAlzheimer's&page=article.display&article.id=8539>



The Dementia Services
Development Centre



UNIVERSITY OF
STIRLING

Lighting

Introduction

Why is lighting important?

People with dementia may not function as well as they can because their impairments are being increased – rather than decreased – by elements of their environment. However, the living environment can help compensate for a number of the impairments of dementia. The visual sense can act as a critical tool, allowing the person with dementia to make sense of their environment and maximise their remaining abilities. As a result, they can experience more independence, have more of a choice and thus retain more dignity.

People with dementia need:

- help to see what is around them, what they need and where they want to go
- prompts from familiar sights – furniture, objects, plants and pets
- to use landmarks to find their way
- to see spaces, rooms, equipment and signs to find their way – e.g. to the toilet or the dining room
- to enjoy the sights of changing seasons – snow, sunshine, rain, frost – all of which can stimulate memories and aid enjoyment and pleasure for its own sake
- to see other peoples' faces, gestures and body language, as well as their locations
- to enjoy recreational activities
- to join in ordinary routines – laying the table, washing up, sorting clothes, getting dressed and washed, shaving, putting on make up, brushing hair

These are things that everyone needs and that can be better achieved with the right lighting levels.

Conversely, people with dementia can misinterpret aspects of their environment, such as:

- reflections on polished floors making it look like water
- seeing shadows as objects – e.g. fluttering net curtains
- seeing objects as shadows

Poor lighting can increase anxiety and also lead to accidents. Falls may be caused by poor lighting that conceals a change in level. Glare when moving between indoor and outdoor areas can also cause people to be momentarily 'blinded'. Glare from windows or skylights can distort the look of a corridor or interior space.

Poor 'task lighting' can make it difficult to achieve the satisfaction of completing a task or activity. Colour differentiation can be further distorted by poor light, affecting the simple enjoyment of colours.

Our senses, especially sight, help us make sense of the world and enjoy our surroundings. They alert us to dangerous situations and help us interpret and make sense of our environment. With ageing, sensory losses increase and we need to make sure the built environment compensates for these changes.

Extract from:

Designing Lighting for People with Dementia

Richard Pollock, David McNair, Brian McGuire, Colm Cunningham

Stirling : DSDC, 2008.

Lighting Web Resources

Margaret P. Calkins

Lighting for older eyes

Online article from Nursing Homes

http://findarticles.com/p/articles/mi_m3830/is_11_52/ai_n6065765

Visibility

Deteriorating vision, falls and older people : the links

<http://www.visibility.org.uk/what-we-do/research/Falls-Report.pdf>

The Society of Light and Lighting

Lighting for people who are visually impaired

<http://www.cibse.org/pdfs/factf8.pdf>

Andersson, Jonas E.

Dementia and light

An inventory of the design of indoor lighting at a unit for elderly people with dementia and the possible influence of lighting on the residents.

http://www.arch.kth.se/~jonasa/pdf/dementiaandlight_eng.pdf

Macular Disease Society

Low vision – utilising lighting

Guidance on good lighting for older people.

<http://www.macularisease.org/template.asp?section=000500080006>

Low Vision Center

The right lighting can enhance your vision

A guide to using lighting to maximise vision.

<http://www.lowvisioninfo.org/rqhtlite.htm>

The Society of Light and Lighting

Providing visibility for an ageing workforce

A guide to changes that might be made to visual tasks, lighting systems and décor to offset the changes in the human visual system that occur with age.

<http://www.cibse.org/pdfs/Factfile10web.pdf>

Lighting Research Center

Lighting for older adults

This publication answers common questions about how to use lighting to minimize some of the negative changes in the eyes that occur with age.

<http://www.lrc.rpi.edu/programs/lightHealth/AARP/healthcare/lightingOlderAdults/index.asp>

Southern Illinois University Carbondale

Good day sunshine

Article reporting on a study about using special lighting and glass to calm people with Alzheimer's disease.

http://www.siu.edu/~perspect/05_fall/alzheimers.html

Lighting

Topic Reading List

Books/Reports

Brawley, Elizabeth C

Design innovations for aging and Alzheimer's : creating caring environments.

Source New Jersey: Wiley, 2005.

This book is a detailed guide for a broad range of design issues essential to maintaining independence and functional abilities, maximising mobility, staying socially connected, and encouraging good health. It includes in-depth strategies for lighting, daylighting, colour, fabrics, floor coverings, acoustics, wayfinding, furnishings, new technologies and more.

Category Book

Location B06

ISBN 0471681180

Hiatt, Lorraine

Nursing home renovation designed for reform.

Source London: Butterworth-Heinemann, 1991.

Book covering renovation of nursing home environments, looks at environmental design, planning, change, trouble shooting areas, lighting and noise reduction systems, interior design, and the needs of the person with dementia.

Category Book

Location B06

Regnier, Victor

Design for assisted living : guidelines for housing the physically and mentally frail.

Source New York: Wiley, 2002.

This book provides solutions to the challenges of creating home-like settings in long-term care for the mentally and physically frail elderly, with examples from the United States and Northern Europe, and floor plans from fifteen outstanding case studies.

Key issues include site design, therapeutic garden design, interior design specifications, lighting, unit design features and regulatory impediments.

Category Book

Location B06

ISBN 0471351822

Stokes, Graham

Challenging behaviour in dementia : a person-centred approach.

Source Bicester: Winslow Press, 2000.

Contrasts the medical interpretation that sees disruptive behaviour as symptoms of disease with a person centred interpretation that finds meaning in the challenging behaviour and needs to be met. Chapters on assessment, the medical model, environmental design, needs, behavioural and functional analysis, resolution therapy, unmet needs, and challenges of confusion. Topics covered include sexuality, tagging, wandering, aggression, lighting, colour, eating and continence and toileting.

Category Book

Location D2

ISBN 0863882501

Joint Mobility Unit

Buildings and internal environments.

Source London: JMU Access Partnership, 1999.

Provides those with responsibility for buildings and internal environments with guidance on the needs of disabled people, particularly visually impaired and deafblind people. The report highlights the solutions available to minimise and reduce restrictions and barriers to safe and independent mobility. Deals with issues such as colour and tonal contrast, lighting, signage, communication, and assistive technical devices; features of public and domestic buildings. Useful material for those involved in building design for people with dementia.

Category Report

Location B06A

Brawley, Elizabeth C

Designing for Alzheimer's disease : strategies for creating better care environments.

Source Chichester: John Wiley, 1997.

Discusses design issues that create therapeutic care settings for people with dementia, featuring specific design suggestions that increase mobility, reduce confusion, promote safety; interior design criteria for lighting, colour, pattern, texture and acoustics; information on furnishing and fabrics; special care settings in nursing homes, assisted living, and residential care including wayfinding, security and outdoor space and landscape environment.

Category Book

Location B06

ISBN 0471139203

Pickles, Judith

Housing for Varying Needs.

Part 1. Houses and Flats. Part 2. Houses with integral support

Source Edinburgh: Scottish Homes, 1998.

Book offering guidance on good practice in the design of all housing, so that newly-built, refurbished or adapted buildings achieve a degree of flexibility, suit people of different abilities, are convenient to use and fit for their purpose. Covers topics involving needs, size, location, surrounding (garden design) environment, building form, interior and exterior access, doors, living and sleeping areas, storage, kitchens, bathrooms, interior design, windows, lighting, heating, refurbishment, and design criteria for various special needs groups. 18 references. Available on the web at

<http://www.archive2.official-documents.co.uk/document/deps/cs/HousingOutput/start.htm>

Category Report

Location B06

ISBN 011495884X

Barker, Peter, Barrick, Jon and Wilson, Rod

Building sight : a handbook of building and interior design solutions to include the needs of visually impaired people.

Source London: HMSO; Royal National Institute for the Blind, 1995.

Includes a chapter on lighting. As people get older, their lighting requirement increases: a 60 year old will need considerably more light than a 20 year old.

Category Book

Location B06

Journal Articles

Calkins, Margaret

How colour throws light on design in dementia care.

Source The journal of dementia care. 10(4), July/August 2002, 20-23.

Third in a series on design for dementia care, exploring the use of colour and lighting in dementia care settings, and their effects on behaviour and mood. 9 references

Category Journal Article

Location B06A

Brandon Medical

Shining a light on safety.

Source Hospital development. April 2005, 37.

This article recommends that the NHS take steps to prevent trips and falls among the elderly by using appropriate lighting.

Category Journal Article

Location B06C

Sloane, Philip D

Implementing a lighting intervention in public areas of long-term care facilities : lessons learned.

Source Alzheimer's care quarterly. 6(4), October/December 2005, 280-293.

Research suggests that high-intensity light, similar to that provided by natural daylight, may have therapeutic effects on sleep, mood and behaviour in people with dementia. Recommendations are provided for facilities interested in increasing lighting levels to enhance resident quality of life.

Category Journal Article

Location B1

Murgatroyd, C. and Prettyman, R

An investigation of visual hallucinosis and visual sensory status in dementia.

Source International journal of geriatric psychiatry. 16(7), July 2001, 709-713.

Visual hallucinations occur frequently in people with dementia and there is some evidence of an association between hallucinations and impaired visual function. The study looked at an association between visual acuity, ambient illumination and hallucinations in people with dementia.

Category Journal Article

Location D26

Burke, Tim

Lighting in frail-aged and dementia-specific accommodation.

Source Wentworth Falls, NSW: Wayfinder Design, 1999.

Paper presented at the 1999 National Conference of Aged care Australia and the Australian Association of Gerontology. One of the most important elements of design in frail-aged and dementia-specific accommodation is lighting, both natural and artificial. This paper aims to heighten the awareness of lighting design issues with staff managing and working in such facilities.

Category Paper

Location B06A

Day, K; Carreon, D; Stump, C

The therapeutic design of environments for people with dementia: a review of the empirical research.

Source The Gerontologist, 2000 Aug, 40(4):397-416

Design of the physical environment is increasingly recognized as an important aid in caring for people with dementia. This article reviews the empirical research on design and dementia, including research concerning facility planning (relocation, respite and day care, special care units, group size), research on environmental attributes (noninstitutional character, sensory stimulation, lighting, safety), studies concerning building organization (orientation, outdoor space), and research on specific rooms and activity spaces (bathrooms, toilet rooms, dining rooms, kitchens, and resident rooms).

Category Journal Article

Location B06A

Nazarko, L.

Creating the ideal home for people with dementia.

Source Nursing & Residential Care. 2006 May. 8(5). pp. 221-3.

Practical suggestions for making environmental modifications in a care home to improve wellbeing and behaviour in people with dementia. Advice on the design of rooms, decor, signage, seating and lighting is given, and the role of nursing care is highlighted. 16 refs.

Category Journal Article (Non-DSDC)

Hughes, J; and Harris, D.

The environment and dementia: shaping ourselves.

Source Nursing & Residential Care. 2004 Aug. 6(8). pp. 394-8.

The effects of the social and the physical environment on people with dementia, with reference to the care home. Strategies are suggested for improving the environment by controlling noise, lighting and other design issues to reduce confusion and delirium. 29 refs.

Category Journal Article (Non-DSDC)

De Lepeleire J. Bouwen A. De Coninck L. Buntinx F.

Insufficient lighting in nursing homes.

Source Journal of the American Medical Directors Association. 2007; 8(5): 314-7.

The objective of this study was to measure the level of lighting in nursing homes in a variety of areas to determine its adequacy in meeting the visual needs of elderly residents. The amount of light in the nursing homes was seldom sufficient to meet the visual needs of older people. This lack of illumination may induce a higher risk of accidental falls for dementia patients as well as for other residents.

Category Journal Article (Non-DSDC)

Bakker, Rosemary; Iofel, Yakov; Lachs, Mark S.

Lighting Levels in the Dwellings of Homebound Older Adults

Source Journal of Housing for the Elderly, vol. 18, no. 2, pp. 17-27, 2004

Although poor lighting in the dwellings of older adults has been associated with falls, depression, & reduced visual performance, there has been little measurement of actual light levels in their homes. Knowing the interior light levels & preferences of older adults, especially the homebound, will be of value to service providers & designers in targeting effective interventions. This pilot study measured light levels in the apartments of 40 homebound older adults in New York City, & compared them with industry standard minimum light levels. Nearly all participants had inadequate light levels, yet rated their lighting conditions as adequate.

Category Journal Article (Non-DSDC)

Current Awareness

Dementia in the News

Deep stimulation boosts memory

Electrical stimulation of areas deep within the brain could improve memory, early research suggests. A team of doctors in Canada stumbled upon the finding while attempting to treat a morbidly obese man through deep brain stimulation.

BBC News Online, 20th January 2008)

<http://news.bbc.co.uk/2/hi/health/7213972.stm>

Park hosts pensioners' play area

A playground designed specifically for pensioners has opened in a park in north Manchester.

BBC News Online, 30th January 2008

http://news.bbc.co.uk/2/hi/uk_news/england/manchester/7217074.stm

New insight into how iron gets deposited in the brain to cause some forms of Parkinson's and Alzheimer's

Researchers have gained the first insight into how iron may be deposited in the brain to cause some forms of Parkinson's & Alzheimer's and Huntington's diseases.

News-Medical.net, 11th February 2008

<http://www.news-medical.net/?id=35122>

Mild Alzheimer's sufferers show rapid decline in financial skills over one year

New research shows that patients with mild Alzheimer's disease (AD) have a dramatic decline in their ability to make financial decisions over a one year period.

News-Medical.net, 11th February 2008

<http://www.news-medical.net/?id=35126>

Moss protein plays role in Alzheimer's disease, researchers believe

Researchers believe that protein found in a certain type of moss may help in the prevention of Alzheimer's disease.

ScienceDaily, 13th February 2008

<http://www.sciencedaily.com/releases/2008/02/080208153632.htm>

Memory loss declining among U.S. seniors

Older Americans are having less trouble with their memories, and it may be because they spent more time in school, according to researchers.

Reuters, 20th February 2008

<http://www.reuters.com/article/healthNews/idUSN2039278120080220?rpc=28>

Computers 'spot Alzheimer's fast'

Computers can diagnose Alzheimer's disease faster and more accurately than experts, research suggests.

BBC News Online, 22nd February 2008

<http://news.bbc.co.uk/2/hi/health/7258379.stm>

Current Awareness New Library Stock

Activities/ Complementary Therapies

Peri, Kathryn [et al.]

Does functionally based activity make a difference to health status and mobility? : a randomised controlled trial in residential care facilities (The Promoting Independent Living Study; PILS).

Age and ageing, Vol. 37, Part 1, January 2008, pp.57-63

Summary: This study aimed to determine whether a repetitive activities of daily living activity program improves health status, life satisfaction and mobility for older people living in residential care.

Format: Journal Article

Ref: D18

Zekry, Dina [et al.]

Demented versus non-demented very old inpatients : the same comorbidities but poorer functional and nutritional status.

Age and ageing, Vol. 37, Part 1, January 2008, pp.83-89

Summary: Demented patients have been reported to be healthier than other old people of the same age. This study aimed to assess comorbid conditions, functional and nutritional status in medically ill hospitalized patients with normal cognition or affected by dementia of various causes and severities, or mild cognitive impairment.

Format: Journal Article

Ref: H1

Kempen, Gertrudis I.J.M. [et al.]

The Short FES-I : a shortened version of the falls efficacy scale-international to assess fear of falling.

Age and ageing, Vol. 37, Part 1, January 2008, pp.45-50

Summary: The 16-item Falls Efficacy Scale-International (FES-I) has been shown to have excellent reliability and construct validity. However, for practical and clinical purposes, a shortened version of the FES-I would be useful. This study aimed to develop and validate a shortened version of FES-I while preserving good psychometric properties.

Format: Journal Article

Ref: C1

Morton, Ian

Psychoanalysis and dementia : the dynamics of care.

The journal of dementia care, Vol. 16, Part 1, January/February 2008, pp.29-31

Summary: In this third and final article, the author focuses on some of the unconscious processes that affect the relationship between paid caregiver and the person with dementia, and on the dynamics of caregiving organisations.

Format: Journal Article

Ref: B24

Community Care

Edwards, Dorothy F. and Edwards, John C.

Alone and confused : community-residing older African Americans with dementia. Dementia, Vol. 6, Part 4, November 2007, pp.489-506

Summary: Despite significant increases in the number of adults who live alone, little is known about adults with cognitive impairment who live without co-resident caregivers. The authors examined demographic, cognitive, and functional characteristics and service use patterns of a sample of older community-residing African Americans with dementia who were referred for assessment.

Format: Journal Article

Ref: B2

Day Care

Jones, Gemma [et al.]

Comparing UK and Dutch Alzheimer Cafés against new quality control criteria.

The journal of dementia care, Vol. 16, Part 1, January/February 2008, pp.34-38

Summary: The Alzheimer Café concept began in the Netherlands and 68 Dutch cafes have been evaluated against Quality Control Criteria. Here, the authors discuss how two UK cafes measure up to the criteria, and the adaptations they made to the Alzheimer Café concept in the UK.

Format: Journal Article

Ref: B22

Elder Abuse

Henwood, Melanie

Multi-agency working and adult protection.

Community care, 1706, January 2008, pp.32-33

Summary: The complexity of elder abuse is considered in one study while another highlights the challenges of joint working in addressing the issues.

Format: Journal Article

Ref: A3B

Fiction

Sebold, Alice

The almost moon.

London: Picador, 2007

Summary: Novel about the relationship between a woman with dementia and her daughter.

Format: Book

Ref: K

Falls

Agnew, Thelma

Downfall.

Nursing older people, Vol. 20, Part 1, February 2008, pp.6-7

Summary: A review finds no evidence to support the theory that falls prevention programmes help to reduce falls-related injury.

Format: Journal Article

Ref: A2

Garden design/Gardening

Chalfont, Garuth

The Dementia Care Garden : innovation in design and practice.

The journal of dementia care, Vol. 16, Part 1, January/February 2008, pp.18-20

Summary: In the second of two articles, the author gives practical advice on creating a Dementia Care Garden, and presents a case study showing how one care home improved and integrated three garden areas.

Format: Journal Article

Ref: B06D

Housing

Kyle, Tania and Dunn, James R.

Effects of housing circumstances on health, quality of life and healthcare use for people with severe mental illness : a review.

Health and social care in the community, Vol. 16, Part 1, January 2008, pp.1-15

Summary: This paper is a systematic review of studies that investigated the relationship between housing-related independent variables and health-related dependent variables.

Format: Journal Article

Ref: B12N

Occupational Therapy

Atwal, Anita [et al.]

Older adults and carers' perceptions of pre-discharge occupational therapy home visits in acute care.

Age and ageing, Vol. 37, Part 1, January 2008, pp.72-76

Summary: Pre-discharge occupational therapy (OT) home visits are an integral part of the discharge process for older adults in acute care. There is limited quality research demonstrating that these pre-discharge visits enhance the health and well being of older adults. This paper outlines the perceptions of older adults and carers of the home visit process from the exploratory phase of an ongoing research project.

Format: Journal Article

Ref: D16

Older people – health and welfare

Greenspan, Phillip, Heinz, Grete and Hargrove, James L.

Lives of the artists : differences in longevity between old master sculptors and painters.

Age and ageing, Vol. 37, Part 1, January 2008, pp.102-104

Summary: This study aimed to discover whether old master sculptors had a longer lifespan when compared to their painter counterparts since the sculpting of stone expends more energy than applying tempera and oil to canvas or wood.

Format: Journal Article

Ref: A

Laybourne, A.H., Biggs, S. and Martin, F.C.

Falls exercise interventions and reduced falls rate : always in the patient's interest?
Age and ageing, Vol. 37, Part 1, January 2008, pp.10-13

Summary: Falls prevention exercise programs (FPEP) are now widespread within the National Health Service and are designed to minimize impairments that impact physical function, such as strength and balance. Assessment of the clinical efficacy of FPEPs has therefore focused on the measurement of physical function and rate of falls. The authors argue that the current focus may miss a paradoxical lack of or even deleterious impact on quality of life, despite a reduction in physical performance-related falls risk.

Format: Journal Article

Ref: A2

Thompson, Ian

Clostridium difficile-associated disease : update and focus on non-antibiotic strategies.

Age and ageing, Vol. 37, Part 1, January 2008, pp.14-18

Summary: Clostridium difficile-associated disease is a problem of especially the frail elderly. Changes in virulence of prevalent strains in the early years of the new century saw mortality and morbidity increase from historical levels. This article explores non-antibiotic strategies including the use of probiotics.

Format: Journal Article

Ref: A2

Scheffer, Alice C.

Fear of falling : measurement strategy, prevalence, risk factors and consequences among older persons.

Age and ageing, Vol. 37, Part 1, January 2008, pp.19-24

Summary: Fear of falling (FOF) is a major health problem among the elderly living in communities, present in older people who have fallen but also in older people who have never experienced a fall. The aims of this study were 4-fold: to study methods to measure FOF; to study the prevalence of FOF among fallers and non-fallers; to identify factors related to FOF; and to investigate the relationship between FOF and possible consequences among community-dwelling older persons.

Format: Journal Article

Ref: A2

Bjorkman, Mikko [et al.]

Vitamin D supplementation has minor effects on parathyroid hormone and bone turnover markers in vitamin D-deficient bedridden older patients.

Age and ageing, Vol. 37, Part 1, January 2008, pp.25-31

Summary: This study aimed to evaluate the effects of vitamin D supplementation on parathyroid function and bone turnover in aged, chronically immobile patients.

Format: Journal Article

Ref: A2

Wagg, Adrian [et al.]

National audit of continence care for older people : management of urinary incontinence.

Age and ageing, Vol. 37, Part 1, January 2008, pp.39-44

Summary: The Department of Health report 'Good practice in continence services' highlights the need for proper assessment and management of urinary incontinence. The National Service Framework for Older People required service providers to establish integrated continence services by April 2004. A national audit was conducted to assess the quality of continence care for older people and whether these requirements have been met.

Format: Journal Article

Ref: A2

Birmingham, Karen

Dignity, drugs and discharge.

Nursing older people, Vol. 20, Part 1, February 2008, pp.10-11

Summary: Dignity, treatment withdrawal and tablet crushing were some of the issues discussed at a recent London conference.

Format: Journal Article

Ref: A2

Mitchell, Eileen Lawes, Helen

Falls education for practitioners : auditing a three-tier learning approach.

Nursing older people, Vol. 20, Part 1, February 2008, pp.27-30

Summary: In line with 2004 NICE guidelines, practitioners in West Dorset, England, are developing and maintaining their basic professional competence in falls' assessment and prevention.

Format: Journal Article

Ref: A2

Banning, Maggie

Ageing and the gut.

Nursing older people, Vol. 20, Part 1, February 2008, pp.17-21

Summary: Rising infection rates with pathogens such as *Clostridium difficile* have seen UK hospitals undergo a 'deep clean', to make sure wards do not harbour diseases. The author explains why older people are particularly at risk.

Format: Journal Article

Ref: A2

Person-centred care**Kontos, Pia C. and Naglie, Gary**

Bridging theory and practice : imagination, the body, and person-centred dementia care.

Dementia, Vol. 6, Part 4, November 2007, pp.549-569

Summary: As a corrective to the depersonalizing tendencies of some caregiving practices and treatment contexts, the principles of person-centred care have been widely espoused. Using a qualitative research design, the authors explored with health care practitioners how an embodied notion of personhood could enhance person-centred dementia care.

Format: Journal Article

Ref: D12

Nolan, Mike, Ryan, Tony and Keady, John

Relationship-centred care and the 'Senses' framework.

The journal of dementia care, Vol. 16, Part 1, January/February 2008, pp.26-28

Summary: The authors explain how relationship-centred care and the 'Senses' framework can help create enriched environments for all living and working in care homes.

Format: Journal Article

Ref: D12

Sheard, David

Less doing - more being person-centred.

The journal of dementia care, Vol. 16, Part 1, January/February 2008, pp.15-17

Summary: The author describes Dementia Care Matters' approach, Being, which takes a fresh look at what it really means to be person centred, and emphasises that feelings matter most in dementia care.

Format: Journal Article

Ref: D12

Planning - Health and Social Care

Glendinning, Caroline [et al.]

Progress and problems in developing outcomes-focused social care services for older people in England.

Health and social care in the community, Vol. 16, Part 1, January 2008, pp.54-63

Summary: This paper reports a study aimed at assessing progress in developing outcomes-focused services for older people and the factors that help and hinder this. It describes the current policy context and discusses the social care service outcomes desired by older people.

Format: Journal Article

Ref: A5

Hayes, Nicky, Nazarko, Linda and Grout, Gwyn

Specialist nurses for older people.

Nursing older people, Vol. 20, Part 1, February 2008, pp.23

Summary: An article in the Journal of Advanced Nursing proposed that specialist nursing services are shaped by national policy drivers which may not be directly linked to the needs of older people. A panel of experts discuss whether they consider the development of such services to be headed in the right direction.

Format: Journal Article

Ref: A5

Relatives

Roelands, Marc, Van Oost, Paulette and Depoorter, AnneMarie

Service use in family caregivers of persons with dementia in Belgium : psychological and social factors.

Health and social care in the community, Vol. 16, Part 1, January 2008, pp.42-53

Summary: This study aims to investigate whether selected social and psychological characteristics of family caregivers of persons with dementia are related to community-based service use in Belgium.

Format: Journal Article

Ref: B24B

Residential care

Hunt, Neil

Raising the scale of our ambition.

The journal of dementia care, Vol. 16, Part 1, January/February 2008, pp.9-10

Summary: The author stresses the importance of seizing current opportunities to make large-scale improvements in dementia care, setting out evidence from the Alzheimer's Society's report "Home from home".

Format: Journal Article

Ref: B12

Sexuality

Janes, Emily and Shirley, Louisa

Acknowledge the man, not the behaviour.

The journal of dementia care, Vol. 16, Part 1, January/February 2008, pp.20-24

Summary: In this third case study demonstrating the support model used by the Newcastle Challenging Behaviour Service, the authors describe how the team worked with staff to help the understanding the underlying needs behind an older man's sexual disinhibition.

Format: Journal Article

Ref: D22

Torp, Steffen [et al.]

A pilot study of how information and communication technology may contribute to health promotion among elderly spousal carers in Norway.

Health and social care in the community, Vol. 16, Part 1, January 2008, pp.75-85

Summary: The objective of this pilot Norwegian intervention study was to explore whether use of information and communication technology (ICT) by informal carers of frail elderly people living at home would enable them to gain more knowledge about chronic illness, caring and coping, establish an informal support network and reduce stress and related mental health

Format: Journal Article

Ref: B24E

Teamwork/ Joint Planning

Multi-agency inspection : collaborative working across services for older people in Forth Valley.

Edinburgh: Social Work Inspection Agency, 2008

Summary: This report gives an overview of collaborative working between health and social work services for older people in Forth Valley. It sets out the strengths and areas of good practice as well as identifying areas where improvements are needed.

Format: Report

Ref: B25

Technology

Finch, Tracy L. [et al.]

Future patients? : telehealthcare, roles and responsibilities.

Health and social care in the community, Vol. 16, Part 1, January 2008, pp.86-95

Summary: Telehealthcare enables medical consultations to be conducted between patients and health professionals across different locations. Such technologies imply new relationships between patients and health professionals. This study aimed to understand how policy and practice in relation to telehealthcare suggests new conceptualisations of 'the patient'.

Format: Journal Article

Ref: B07

Types of Dementia

Hong, Frank S., Sinnappu, Rabindra N. and Lim, Wen Kwang

Primary progressive aphasia : a case report.

Age and ageing, Vol. 36, Part 6, November 2007, pp.700-702

Summary: Primary progressive aphasia is a progressive neurodegenerative disorder characterised by deterioration in language function while other higher centre functions are relatively preserved initially. The diagnosis is made based on clinical presentation, linguistic testing and imaging, both functional and structural. Survival is similar to other dementias and the main form of intervention is speech therapy. The authors describe a case of primary progressive aphasia in a Vietnamese man with corresponding changes on positron emission tomography.

Format: Journal Article

Ref: H

Vascular/Multi-Infarct dementia

Short, Robert

A decade to change stroke care.

Nursing older people, Vol. 20, Part 1, February 2008, pp.14-16

Summary: Older people are more likely to suffer from strokes and transient ischaemic attacks simply due to ageing. The author outlines the government's strategy to revamp stroke services and alter the national course of this disease, and asks the UK's lead stroke nurse why more attention hasn't been paid to residential care.

Format: Journal Article

Ref: H2

McManus, John [et al.]

Delirium post-stroke.

Age and ageing, Vol. 36, Part 6, November 2007, pp.613-618

Summary: Delirium is not only one of the most common complications that older patients develop after admission to hospital but it is also one of the most serious. Although stroke is a known predisposing factor for delirium, few studies have investigated this association and results from existing studies give conflicting results with prevalence estimates ranging from 13% to 48%. The aetiology of delirium post-stroke is poorly understood. There is no consensus on the best screening tool to use to detect delirium in the post-stroke setting. In this article, the authors review the literature to date on delirium in the acute stroke setting.

Format: Journal Article

Ref: H2