

Life story work is the featured topic this month

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International Conference

Celebrating Innovation & Excellence - Making Change Happen **1st - 3rd September 2008**

This year's conference forms part of the University of Stirling's 40th anniversary celebrations and explores the theme 'Innovation & Excellence: Making Change Happen'

It is aimed at all those who support people with dementia, whether their background is in medicine, social care, planning or service provision. The content will be of interest to those from the public, private and voluntary sectors, as well as community representatives such as faith leaders. People with dementia and their carers are also welcome.

The conference will bring together expertise and opinion from many parts of the world including the USA, Hong Kong, Australia, New Zealand, France, Malta, Republic of Ireland and the UK.

Book online on our website:

http://dementiashop.co.uk/product_info.php?products_id=32&id=15



In the news

Promise to improve care for dying

People are to be given more choice over where they die as part of a package of measures to improve care for the dying.

[BBC News Online 16 July 2008](#)
<http://news.bbc.co.uk/1/hi/health/7507932.stm>

'Invention halted my husband's dementia'

A man with an aggressive form of dementia has become the first person in the world to benefit from a revolutionary treatment

[The Northern Echo 14 July 2008](#)
http://www.thenorthernecho.co.uk/news/2393448.inventionhalted_my_husbands_dementia/

Nicotine drug 'may slow dementia'

Nicotine-based drugs may help delay the moment a person with dementia has to enter a care home, say researchers.

[BBC News Online 13 July 2008](#)
<http://news.bbc.co.uk/1/hi/health/7497037.stm>



The Dementia Services
Development Centre



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Life story work

As we grow older, it is natural that we take time to reflect back on our lives, remembering the good times and attempting to make sense of some of the “happenings” in our lives. The onset of dementia usually means the demise of the short term memories and a consequent focusing on the past.

Life story work becomes an important tool in capturing these memories, not in a clinical, formal process but more in spontaneous and imaginative ways over a period of time. It involves using all of the senses, with particular emphasis on photographs and music, and, recording what has become important for that person about their life.

Just as the telling of personal stories can be a very positive and valuing time, so the recording of the memories can be fun and creative. It involves finding a format that reflects a person’s individuality and specific needs. This might be a large collage or a loose leaf file, a DVD or a decorated memory box.

When long term memories begin to fade and the person begins to lose the sense of who he/she is, the record becomes a wonderful reminder of forgotten times and a powerful channel of communication, “This is me, this is who I am and what I have done in my life.” It becomes an essential tool in the delivery of person-centred care and the forming of care plans. It brings revelation and understanding and helps to create respect and dignity in the caring relationship.

Rosas Mitchell

Rosas is an Artist and Counsellor working with people with dementia through **Artlink** and **Town Break**, helping them record their stories.



A life story window from the Memory Wall in the Iris Murdoch Building

Life story work

Web Resources

Alzheimer's: Mementos help preserve memories

<http://www.mayoclinic.com/health/alzheimers/AZ00020>

Mayo Clinic

Life story writing for seniors

http://www.journaltherapy.com/articles/cjtsec08_j.htm

Centre for journal therapy

How life stories help communication

http://alzheimers.about.com/od/professionalresources/a/life_stories.htm

About.com

Life story book methods and care for the elderly : an empirical research project in practical theology

<http://www.ruardganzevoort.nl/a05life.htm>

Prof. Dr. R.R. Ganzevoort

Save a life...in a story

<http://www.seniorjournal.com/NEWS/WebsWeLike/5-04-12SaveStory.htm>

Senior Journal

Life review: the benefits of recording your “autobiography”

<http://www.thirdage.com/ebsco/files/13422.html>

Third Age

Personal life history booklet

<http://www.alzheimers.org.au/content.cfm?infopageid=4128>

Alzheimer's Australia

Discovering and preserving your life story

http://www.aarp.org/leisure/activities/articles/discovering_and_preserving_your_life_story.html

AARP

Exploring the impact of life story work on person-centred care in a dementia assessment ward: nurses' views and experiences

http://www.tin.nhs.uk/sys_upl/templates/pt_directory/PT_Directory_details.asp?esLtr=L&ItemId=80626&action=Display&pgid=804&tid=152

The Improvement Network, East Midlands

Writing your life story

http://www.bbc.co.uk/wales/southwest/sites/familyhistory/pages/life_story1.shtml

BBC Wales

Facilitated life story writing by individuals with dementia for conversational remembering boxes

http://www1.sheridaninstitute.ca/research/serc/docs/SERC_4.pdf

Sheridan Elder Research Centre

Life story work

Topic Reading List

Books/Reports

Laurenhue, Kathy

Getting to know the life stories of older adults : activities for building relationships.

Baltimore: Health Professions Press, 2006

This book takes a fresh look at reminiscence with fun-filled, lively activities to help people laugh with, as well as learn from, each other, while building new understandings and a sense of community.

Shelfmark D12C

Gibson, Faith

The past in the present : using reminiscence in health and social care.

Baltimore, MD.: Health Professions Press, 2004.

It is proven that reminiscing contributes to people's health and well being, whether young or old. This book includes the most productive formats for constructing and recording the life story, techniques to unlock therapeutic barriers, multisensory triggers that stimulate recall, themes and topics to elicit memories, and intergenerational activities that reach young and old alike. An entire section on using reminiscence in dementia care, including home care, adult day centres, and residential facilities. Plus, for the first time anywhere, learn how reminiscence can be used as a dynamic tool for staff development, improving the skills and care delivery of direct care staff.

Shelfmark D12B

Age Exchange

Mapping memories: reminiscence with ethnic minority elders.

London: Age Exchange, 2004.

This book opens a window on to the lives of ethnic minority elders in Britain. Life stories were collected from a small area of south east London, but they take us across the world from the Caribbean to Africa, India to China, and beyond. Suggestions for creative activities based on these life experiences accompany every chapter and, together with a CD-ROM showing films of the activities and interviews.

Shelfmark D12B

Bornat, Joanna (ed.)

Biographical interviews: the link between research and practice.

London: Centre for Policy on Ageing, 1999.

Explores to what extent it is possible to use the stories and narratives produced through reminiscence and biographical work with elderly people, some of whom may have dementia to change the management of care. Chapter issues include carer biographies, implications for practice, using narrative in dementia care, social assessment, biographical method and interpretation of life histories.

Shelfmark D12C

Gibson, Faith

Reminiscence and recall: a guide to good practice.

Age Concern England, 1998.

Revised and updated this second edition explores good practice in reminiscence and offers advice on planning and running a successful reminiscence group. Includes new material on working with people with dementia, creative communication and European reminiscence developments. Other topics include using the senses to trigger reminiscence, life history work, ethnic minorities, working with those with impaired senses such as hearing and vision loss, and with learning disabilities.

Shelfmark D12B

Schweitzer, Pam (ed.)

Reminiscence in Dementia Care.

London: Age Exchange, 1998.

Collection of articles developed from papers and workshops at the London Conference in May 1997 'Widening horizons in dementia care' organised and hosted by Age Exchange for The European Reminiscence Network. Topics around reminiscence include use of music, creative writing, poetry, life history/ story work, building relationships through reminiscence, supporting carers, memory clinics, spouses, theatre and drama, creative projects and services using reminiscence.

Shelfmark D12B

Bell, Virginia and Troxel, David

The Best friends' approach to Alzheimer's care.

Baltimore, Maryland: Health Professionals Press, 1997.

Written with the premise that being a friend to a person with dementia will promote good quality care. Values of friendship - mutual respect, affection, understanding, support; sharing time, feelings, memories and new experiences are all part of good care. Covers issues of the experience of dementia, assessment, Alzheimer's bill of rights, life story, communication, activities, the home, day services, longterm care, carer's care.

Shelfmark B

Midwinter, Eric

Getting to know me.

London: Third Age Press, 1996.

Booklet to stimulate reflection and recording of a unique person. Aimed at carers and families of people in care. Aids life story work by presenting the opportunity to record attributes and experiences which assist in the getting to know a persons needs and preferences. 2 copies.

Shelfmark D12C

Midwinter, Eric

A voyage of rediscovery: a guide to writing your life story.

London: Third Age Press, 1993.

Booklet to stimulate reflection and reminiscence whilst recording the life story of a unique person. Writing a personal life story gives greater understanding of ourselves and our place in history. This booklet suggests the why, how and what.

Shelfmark D12C

Russell, Susan D.

Making connections: the relationship between trauma and Alzheimer's disease.

Victoria: University of Victoria, 2003.

This report is part of a project of the requirements for a master of Education degree. The subject is the interacting triad of trauma, dementia and life history.

Shelfmark H1

Murphy, Charlie

"Crackin' lives" : an evaluation of a life story book project to assist patients from a long-stay psychiatric hospital in their move to community care situations.

Stirling: DSDC, 200-?.

The aim of the project was to work with residents to produce individual life story books which would help to facilitate their transition.

Shelfmark D12C

Journal articles

Keady, John

Co-constructed inquiry : a new approach to generating, disseminating and discovering knowledge in qualitative research.

Quality in ageing 8(2), June 2007, 27-36. 10 pages.

Co-constructed Inquiry has been built in partnership with specialist nurse practitioners, university-based researchers (with a clinical background in stroke and dementia care) and people living with long-term conditions. Co-constructed Inquiry introduces the language of drama and theatre into the theory building and reporting process. People with long-term conditions represent subjective experience through the production of a life story script, a personal theory and, eventually, a collective theory. Co-constructed Inquiry sheds new light on participative methods of inquiry and in the development of co-constructed ground theory. Shelfmark E

Batson, Paul, Thorne, Kirsty and Peak, Jennifer

Life story work sees the person beyond the dementia.

Journal of dementia care 10(3), May/June 2002, 15-17. 3 pages.

Discusses a project to evaluate life story work, and how it helped care professionals and family carers as well as people with dementia. 12 references.

Shelfmark D12C

Mitchell, Rosas

Shooting into the past.

Nursing older people. 18(10), November 2006, 12-14.

Rosas Mitchell explores the relationship between photography and dementia and whether engaging in one's life story through taking pictures might foster a desire to communicate and increase feelings of well-being and self esteem.

Shelfmark D18

Moos, Inger and Bjorn, Agnes

Use of the life story in the institutional care of people with dementia : a review of intervention studies

Ageing & Society. 26(3), May 2006, 431-454.

This paper reports systematic review of 28 evaluations of interventions that aimed to describe the benefits of the use of the life story for nursing home residents with dementia, particularly with reference to their sense of identity. The studies were published during 1990-2003.

Shelfmark D12C

Cole, Andrew and Williams, Helen

Life story work as an aid to well-being.

Signpost. 9(2), October 2004, 14-17.

This article is about life diaries helping you to get more out of your life, and helping you value your achievements and can help others understand you. There was a detailed assessment conducted of life diary work at the Community Day Service on the Isle of Wight.

Shelfmark D12C

Garvey, Geoff

'The place where I grew up' : ethnic minority reminiscence comes of age.

Journal of Dementia Care. 12(2) , 2004, 20-21. 2 page(s).

An arts festival to celebrate the life stories of people from ethnic minorities now living in the UK is to be staged by Age Exchange Reminiscence Centre in Blackheath, London.

Shelfmark D12B

Journal articles

Will, Deirdre

Lest we forget.

Nursing older people. 14(8), 2002, 10-13. 4 page(s).

As war veterans prepare for Remembrance Day, the author considers whether health professionals working with older people acknowledge the enduring impact of wartime experiences. 5 references

Shelfmark D12C

Andersson, Edith M. [et al.]

The meaning of acute confusional state from the perspective of elderly patients.

International Journal of Geriatric Psychiatry. 17(7) July 2002, 652- 663. 12 pages.

The aim of the study was to illuminate lived experience of having been in an acute confusional state (ACS) as narrated by elderly patients in orthopaedic care. The findings indicate that what takes place during the ACS is not nonsense but probably a mix of the patient's life history, their present situation and a form of communication concerning their emotional state and inner experiences in this new situation. 33 references.

Shelfmark D13

Smith, Andre P. and Kobayashi, Karen M.

Making sense of Alzheimer's disease in an intergenerational context : the case of a Japanese Canadian nisei (second-generation)-headed family.

Dementia. 1(2), June 2002, 213-225. 13 pages.

This case study of a family, in which the father was diagnosed with Alzheimer's disease, identifies the traditional issei (first- generation) Japanese Canadian values of filial obligation and shame and awareness of the father's life history as salient mediators in family members' interpretations of dementia symptoms. 15 references.

Shelfmark H1

Chaudhury, Habib

Place-biosketch as a tool in caring for residents with dementia

Alzheimer's Care Quarterly. 3(1), Winter 2002, 42-45. 4 pages

Places can serve as a tool in understanding personal life experiences. In this study, place-biosketches of residents with dementia were developed based on interviews with the family members. A staff survey was conducted to assess the potential utility of the place-biosketches in understanding the residents' personal life histories and programming activities that may be meaningful for them.

Shelfmark B06

Hansebo, Gorel and Kihlgren, Mona

Patient life stories and current situation as told by carers in nursing home wards.

Clinical Nursing Research 9(3), August 2000, 260-279. 20 pages.

Study comparing people with dementia's life stories and current situations as told by carers before and after a year of supervision. 48 references.

Shelfmark D12C

McColgan, Gillian, Valentine, James and Downs, Murna

Concluding narratives of a career with dementia: accounts of Iris Murdoch at her death.

Ageing and Society 20(1), January 2000, 97-109. 13 pages.

Examines the way obituaries and tributes offer a defining identity of people with dementia and their life story. Uses the example of Iris Murdoch. 31 references.

Shelfmark H01

Journal articles

Sheppard, Linda and Rusted, Jennifer

Going forward into the past.

Journal of Dementia Care 7(6), November/December 1999, 13. 1 page.

Describes the development of a portable memory aid, in which are recorded aids to memory about a person with dementia's life, providing an aid to person-centred care.

Shelfmark D12C

Archibald, Carole

Sharing activities: a way to bring back the pleasure of caring.

Journal of Dementia Care 7(4), July/August 1999, 20-22. 3 pages.

Article about the use of life story work to promote the sharing of pleasurable moments with people with dementia. 5 references.

Shelfmark D12C

Hirsch, Colette R. and Mouratoglou, Vassilis M.

Life review of an older adult with memory difficulties.

International Journal of Geriatric Psychiatry 14(4), April 1999, 261- 265. 5 pages.

Using a case study this article illustrates that life review therapy is useful for people with dementia or memory difficulties, provided that the sessions are individually tailored and personal needs acknowledged and respected. 11 references.

Shelfmark D12C

Cheston, Richard and Byatt, Susan

Taped memories: a source of emotional security.

Journal of Dementia Care 7(2), March/April 1999, 28-30. 3 pages.

Report of a pilot project aiming to reduce the attachment anxiety of people with dementia on an assessment ward through the use of memories tapes recorded by spouses.

Shelfmark D12C

Bailey, Donna, Kavanagh, Angela and Sumbly, Diane

Valuing the person: getting to know their life.

Journal of Dementia Care 6(5), September/October 1998, 26-27. 2 pages.

Following an exercise using Dementia Care Mapping a 'Getting to know you' project was undertaken in a service. This resulted in the people with dementia having a better quality of life and receiving person centred care and the care staff feeling more involved. 3 references.

Shelfmark D12C

Jarvis, Karen

Recovering a lost sense of identity.

Journal of Dementia Care 6(3), May/June 1998, 7-8. 2 pages.

Looks at the positive effects of making a collage of significant events in the life of a person with dementia. 2 references.

Shelfmark D12C

Hepburn, Kenneth W. et al.

The family stories workshop: stories for those who cannot remember.

The Gerontologist 37(6), December 1997, 827-832. 6 pages.

Family Stories Workshops where family members and friends of persons with dementia living in longterm care develop life stories for those who can no longer tell their own story. This is beneficial for staff who may then develop better individualised care. 31 references

Shelfmark D12C

Current Awareness

Dementia in the News

Light therapy 'can slow dementia'

Dementia could be slowed significantly by treatments which reset the body's natural clock, according to researchers.

BBC News Online 11 June 2008

<http://news.bbc.co.uk/1/hi/health/7445606.stm>

GPs to get extra training to detect dementia

Family doctors and care home staff will get extra training to help them detect the early signs of dementia as part of a Government strategy to tackle diseases like Alzheimer's.

The Telegraph 14 June 2008

<http://www.telegraph.co.uk/news/uknews/2130452/GPs-to-get-extra-training-to-detect-dementia.html>

Doctors 'ignoring drugs warning'

Doctors are regularly prescribing two powerful psychiatric drugs to elderly dementia patients despite a safety warning in 2004, the BBC has found.

BBC News Online 17 June 2008

http://news.bbc.co.uk/1/hi/programmes/file_on_4/7457132.stm

Dementia care charging 'unfair'

People with dementia are being unfairly treated, as many are forced to pay for their care, according to campaigners.

BBC News Online 25 June 2008

<http://news.bbc.co.uk/1/hi/health/7473546.stm>

Poor diet may increase risk of dementia

A poor diet may increase the risk of memory loss and dementia as it lowers levels of good cholesterol in the blood, scientists have warned.

The Telegraph 30 June 2008

<http://www.telegraph.co.uk/news/2222450/Poor-diet-may-increase-risk-of-dementia.html>

Oldest women hit hard by dementia

Almost half of all women in their 90s are suffering from dementia, research suggests.

BBC News Online 2 July 2008

<http://news.bbc.co.uk/1/hi/health/7485455.stm>

Tofu 'may raise risk of dementia'

Eating high levels of some soy products - including tofu - may raise the risk of memory loss, research suggests.

BBC News Online 4 July 2008

http://news.bbc.co.uk/1/hi/talking_point/7490202.stm

Strike-off risk over dementia drugs

GPs could be struck off for prescribing antipsychotic drugs to dementia patients, a medico-legal expert has warned.

Healthcare Republic 9 July 2008

<http://www.healthcarerepublic.com/news/PracticeStaff/LatestNews/830330/Exclusive---Strike-off-risk-d>

'New CJD type' discovered in US

A new form of Creutzfeldt-Jakob disease (CJD) may have been uncovered in a handful of patients in the US.

BBC News Online 10 July 2008

<http://news.bbc.co.uk/1/hi/health/7497867.stm>

Current Awareness New Library Stock

Activities/Complementary therapies

Rejeski, W. Jack

Mindfulness : reconnecting the body and mind in geriatric medicine and gerontology. Mindfulness is a unique approach for understanding human suffering and happiness that has attracted rapidly growing interest among health care professionals. The author describes current thinking about the concept of mindfulness and explains why and how mindfulness-based interventions have potential within the context of geriatric medicine and gerontology. The gerontologist 48(2), April 2008, 135-141
Shelfmark D18

Vikstrom, Sofia et al.

Engagement in activities : experiences of persons with dementia and their caregiving spouses. This study identifies how persons with dementia and their caregiving spouses individually perceive their own, their spouse's and their mutual engagements in everyday activities. Dementia 7(2), May 2008, 251-270
Shelfmark D18

Assessment/Diagnosis

Gupta, Abhaya (ed.)

Measurement scales used in elderly care. Abingdon: Radcliffe Pub, 2008. This book collates the most useful, practical and simple assessment scales used in geriatric settings. Shelfmark C1D
ISBN 9781846192661

Beveridge, Grace and Mitchell, Theresa

Care professionals' views on undertaking care assessment in the community. This study explores the understanding of care assessments by care staff, which, the author contends, can become simply a task and another workforce issue, rather than actively supporting older people. Nursing older people 20(5), June 2008, 28-32
Shelfmark C1

Cahill, Suzanne M. et al.

'I was worried coming in because I don't really know why it was arranged' : the subjective experience of new patients and their primary caregivers attending a memory clinic. This article reports quantitative and qualitative data emerging from a study of people with dementia and their caregivers who attended a first appointment at the National Memory Clinic in Ireland. Dementia 7(2), May 2008, 175-189
Shelfmark C1B

Bunn, Frances et al.

A systematic review of older people's perceptions of facilitators and barriers to participation in falls-prevention interventions. The prevention of falls is currently high on the health policy agenda in the United Kingdom, which has led to the establishment of many falls-prevention services. If these are to be effective, however, the acceptability of services to older people needs to be considered. This paper reports a systematic review of studies of older people's perceptions of these interventions. Ageing & society 28(4), May 2008, 449-472
Shelfmark C1G

Chiu, Yi-Chen et al.

Measure of quality of life for Taiwanese persons with early to moderate dementia and related factors.

This study validates the Chinese Dementia-Quality of Life instrument (DQoL) in patients with early to moderate stages of Alzheimer's disease.

International journal of geriatric psychiatry 23(6), June 2008, 580-585

Shelfmark C1

Housen, Patricia et al.

What the resident meant to say : use of cognitive interviewing techniques to develop questionnaires for nursing home residents.

Emphasis on consumer-centred care for frail and institutionalised older adults has increased the development and adaptation of surveys for this population. The use of the cognitive interview (CI), a method for studying how respondents answer survey items, is not well established or documented in this population. This study demonstrates how CIs can be used to improve questionnaires intended for nursing home residents.

The gerontologist 48(2), April 2008, 158-169

Shelfmark C1

Lee, Alex E.Y. and Chokkanathan, Srinivasan

Factor structure of the 10-item CES-D scale among community dwelling older adults in Singapore.

This study aimed to establish the factor structure, reliability and validity of a brief CESD scale among community dwelling older adults in Singapore.

International journal of geriatric psychiatry 23(6), June 2008, 592-597

Shelfmark C1

Behaviour

Visser, S.M. et al.

Managing behavioural symptoms of dementia : effectiveness of staff education and peer support.

This study was designed to investigate the impact of staff education on behaviour and quality of life of residents with dementia and on staff members' attitudes about working with people with dementia and level of burnout.

Ageing & mental health 12(1), January 2008, 47-55

Shelfmark D2

Bereavement

Keene, Jennifer Reid and Prokos, Anastasia H.

Widowhood and the end of spousal care-giving : relief or wear and tear?

This paper analyses the impact of spousal care-giving on survivors' depressive symptoms six months into widowhood and examines the applicability of a 'relief model' of spousal adjustment during bereavement.

Ageing & society 28(4), May 2008, 551-570

Shelfmark B24D

Carers

Cascioli, Traci R. et al.

An evaluation of the needs and service usage of family carers of people with dementia.

This study investigated, by way of interview, the needs of those caring for a person with dementia and their satisfaction with current services in the Caerphilly County Borough of South Wales.

Quality in ageing 9(2), June 2008, 18-27

Shelfmark B24G

Fox, Alex

Well suited or stitched up?

The government's rethink on family carers envisages early, tailored support, but the jury is still out on whether such personalisation is going to work.

Community care 1725, 5 June 2008, 16-17

Shelfmark B24E

Depression**Chan, Sandra S.M. et al.**

Prevalence of clinically significant depressive symptoms in an epidemiologic sample of community-dwelling elders with milder forms of cognitive impairment in Hong Kong SAR. Depression and cognitive impairment in later-life have great bearings on public health. The two conditions often co-occur and have mutual implications on short-term risk and long-term prognosis.

International journal of geriatric psychiatry 23(6), June 2008, 611-617

Shelfmark H7

Dalby, Dawn M.

Potentially inappropriate management of depressive symptoms among Ontario home care clients.

This study aimed to examine the prevalence and correlates of potentially inappropriate pharmacotherapy (including potential under-treatment) for depression in adult home care clients.

International journal of geriatric psychiatry 23(6), June 2008, 650-659

Shelfmark H7

Arlt, Sönke et al.

The patient with dementia, the caregiver and the doctor : cognition, depression and quality of life from three perspectives.

This study aimed to examine about how the ratings of patients, caregivers and clinicians regarding the patients' cognitive impairment, depression and HRQOL relate to each other by comparing these three perspectives by using self- and proxy-rating measures.

International journal of geriatric psychiatry 23(6), June 2008, 604-610

Shelfmark H7

Design**Cann, Paul**

Explaining about building to last.

The Help the Aged Director of Policy and External Communications discusses how policy-makers and local government need to listen to the voice of older people when designing the communities we live in. He highlights how simple, joined-up thinking can make a big difference to older people's lives.

Working with older people 12(2), June 2008, 9-11

Shelfmark B06

Judd, Stephen

'We shape our buildings...thereafter they shape us'.

Discussion on best practice dementia care is not associated with deliberation on building codes and certifications and accreditations. There is a disturbing trend developing in aged care which is threatening the very survival of best practice dementia care in residential environments.

Dementia 7(2), May 2008, 163-165

Shelfmark B06

Diet/Nutrition

Locher, Julie L. et al.

A multidimensional approach to understanding under-eating in homebound older adults : the importance of social factors.

The purpose of this study was to identify relationships between medical functional, economic, oral health, social, religious and psychological factors and under-eating in homebound older adults. The focus of the study was on identifying potentially modifiable factors amenable to social and behavioural interventions.

The gerontologist 48(2), April 2008, 223-234
Shelfmark D24

Nazarko, Linda

Malnutrition : identification and treatment.

Many people who are admitted to hospital are malnourished. Illness can further increase the risks of malnutrition which increases the risk of infection and impedes recovery. Assessing a person can enable staff to identify those who are malnourished and those who are at risk of malnourishment. This enables the healthcare team to act to address problems and enable the person to recover.

British journal of healthcare assistants 2(6), June 2008, 279-282
Shelfmark D24

Elder Abuse

Rapaport, Joan et al.

Weighing the evidence : a case for using vignettes to elicit public and practitioner views of the workings of the POVA vetting and barring scheme.

This article describes research investigating the steps involved in recommending to the Secretary of State for Health whether a care worker should be included on the Protection of Vulnerable Adults list, which records individuals barred from working and volunteering with vulnerable adults in England and Wales.

The journal of adult protection 10(2), May 2008, 6-17
Shelfmark A3B

Cox, Brian E.

Combating elder abuse : the role of guardians for older people in residential care.

The preparation of this paper was prompted by publicity and research evidence of neglect/abuse of older persons in residential care. It sets out to present a new way of combating neglect/abuse of individual residents, drawing also on preliminary findings from a long-term research project on guardianship.

The journal of adult protection 10(2), May 2008, 33-38
Shelfmark A3B

Filinson, Rachel et al.

Why should they be abused any more than children? : child abuse protection and the implementation of No Secrets.

The parallels between child abuse and adult abuse have been frequently noted as public awareness of both has increased in recent decades.

The journal of adult protection 10(2), May 2008, 18-28
Shelfmark A3B

End-of-life care

Edge, Paula, Paule, Anne and Smith, Debbie

Healthcare assistants : improving end-of-life care.

This article describes the conception, development and importance of healthcare assistant role in providing end-of-life care to residents in a care home environment.

British journal of healthcare assistants 2(6), June 2008, 305-307
Shelfmark E2D

Byrne, Judi and McClinton, Pam

The PINC programme : a report on the implementation of a programme to improve neurological palliative care at the end of life.

This paper shows how the end of life care needs of people with neurological conditions were identified and addressed by the Sue Ryder Care Palliative Initiatives in Neurological Care (PINC) programme.

Journal of care services management 2(3), April-June 2008, 258-262
Shelfmark E2D

Ethnic minorities**Fiori, Katherine L., Consedine, Nathan S. and Magai, Carol**

Ethnic differences in patterns of social exchange among older adults : the role of resource context.

Using social capital and social exchange theories, this investigation examined ethnic variation in patterns of social exchange in two heterogeneous racial groups, blacks and whites in the United States, and the effects of education and income on these patterns.

Ageing & society 28(4), May 2008, 495-524
Shelfmark B08

Home care**Hewitt-Taylor, Jacqui**

Supporting people in their homes.

An increasing number of people need assistance to enable them to live at home. Healthcare assistants often provide the majority of their everyday support, and strongly influence their quality of life and so it is important to have a good understanding of the fundamental needs and expectation of the people they care for.

British journal of healthcare assistants 2(6), June 2008, 294-296
Shelfmark B21

Housing**Giuliana, Carol A. et al.**

Physical performance characteristics of assisted living residents and risk for adverse health outcomes.

This article aims to describe the functional characteristics of residential care/assisted living residents, examine the relationships between resident- and facility-level characteristics and physical performance, and determine the predictive value of physical performance for adverse outcomes.

The gerontologist 48(2), April 2008, 203-212
Shelfmark B12N

Incontinence**Holmes, Pamela**

Dignity through change : how continence matters.

The author discusses the effects of incontinence on older people and argues that changes in approach can make a real difference to the quality of life for many older people.

Working with older people 12(2), June 2008, 23-25
Shelfmark D2B

Foxley, Susan and Vosloo, Riette

An overview of bowel care : constipation.

Caring for patients who experience constipation is a common feature of clinical nursing practice, for some patients this is essential to their medication management. Constipation is a symptom and not a disease which is often a result of an underlying anatomical or functional symptom.

British journal of healthcare assistants 2(6), June 2008, 266-270
Shelfmark D2B

Medication

All Party Parliamentary Group on Dementia .

Always a last resort : inquiry into the prescription of antipsychotic drugs to people with dementia living in care homes.

London : Alzheimer's Society, 2008.

In this report the All-Party Parliamentary Group on Dementia examines the use of antipsychotics for people with dementia in care homes.

Shelfmark D11B

Holtzheimer, Paul E. et al.

A double blind, placebo-controlled pilot study of galantamine augmentation of antidepressant treatment in older adults with major depression.

This study was designed to assess the safety and efficacy of galantamine augmentation of antidepressant treatment for depressive and cognitive symptoms in older adults with major depression.

International journal of geriatric psychiatry 23(6), June 2008, 625-631

Shelfmark D11

Maidment, Ian D.

Medication errors in older people with mental health problems : a review.

This study aimed to review and summarise published data on medication errors in older people with mental health problems.

International journal of geriatric psychiatry 23(6), June 2008, 564-573

Shelfmark D11B

Meeks, Thomas W. et al.

Chronic pain and depression among geriatric psychiatry inpatients.

The authors examined whether chronic pain among depressed geriatric inpatients was associated with several clinical variables - comorbid psychiatric and medical diagnoses, length of hospitalisation, suicidal ideation, and sleep duration.

International journal of geriatric psychiatry 23(6), June 2008, 637-642

Shelfmark D11

Multidisciplinary/joint working

Freeman, Isobel and Moore, Keith

Community Health (and Care) Partnerships in Scotland.

This article attempts to describe the Scottish approach to integrated care, covering historical background, policy context, progress towards implementation and current issues.

Journal of integrated care 16(3), June 2008, 38-47

Shelfmark B33

Nursing

Pijl-Zieber, Em et al.

Moral distress : an emerging problems for nurses in long-term care?

This paper reviews the literature pertaining to the concept of moral distress, explores the causes and effects of moral distress within the nursing profession and argues that many nurses and other healthcare professionals working with older persons may need to become increasingly proactive to safeguard against moral distress.

Quality in ageing 9(2), June 2008, 39-48

Shelfmark D13

Older people

Hudson, Bob

Public information and older people.

The author examines research about ensuring older people have access to information about public services - and in the right formats.

Community care 1726, 12 June 2008, 32-33

Shelfmark A

Older people – health & welfare

Marsden, Greg et al.

Understanding the older traveller : stop, look and listen!

Getting around would be difficult without roads, rail and pedestrian walkways. Despite what we take for granted, the older traveller is often left feeling frustrated by the current transport infrastructure. Based on their research, the authors explore in this article why this is the case.

Working with older people 12(2), June 2008, 12-15

Shelfmark A2

Holland, Carol A. et al.

The 'Healthy Passport' intervention with older people in an English urban environment : effects of incentives and peer-group organisers in promoting healthy living.

This paper reports the evaluation of the effectiveness of incentives and of peer-group organisers in the outcomes of a health-improvement programme for people aged 50+ years in a multi-ethnic district of the West Midlands, England.

Ageing & society 28(4), May 2008, 525-549

Shelfmark A2

Person-centred care

Neno, Rebecca

Nurses confront the challenge of delivering dignified care.

The author reports on patient dignity - a concept that was central to discussions at this year's RCN congress - and the need to learn from mistakes.

Nursing older people 20(5), June 2008, 9-10

Shelfmark D12

Duffin, Christian

Championing the individual.

Initiatives are being developed to involve older people in their own care and to help advance a culture of respect in care homes.

Nursing older people 20(5), June 2008, 16-18

Shelfmark D12

Planning – Health & Social Care

Taylor, Amy

We'll never meet again.

Older couples occasionally face being split up if their individual care needs are different. This goes against government guidance.

Community care 1728, 26 June 2008, 30-31

Shelfmark A5

Improving care packages and outcomes for older people.

Outcomes refer to the impacts or end result of services on a person's life. Outcome-focused services are therefore those that aim to achieve the goals, aspirations or priorities of people who use care services being designed with the needs of individual users in mind.

Community care 1723, 22 May 2008, 32-33

Shelfmark A5

Policy

Manthorpe, Jill

Implementing the Mental Capacity Act.

The author reviews research which casts light on practitioners' readiness to implement new legislation on mental capacity

Community care 1728, 26 June 2008, 34-35

Shelfmark I

Research

Iliffe, Steve et al.

Making progress in psychosocial research in dementia.

This article describes the advent of greater research funding for the study of organizations and practice in dementia care in the UK, and the development of research infrastructures. It sets out a series of challenges that locating research in service delivery organizations may raise, and addresses issues of ethics, consent, research fatigue and pressures for results.

Dementia 7(2), May 2008, 167-174

Shelfmark E

Residential care

Kerr, Diana, Wilkinson, Heather and Cunningham, Colm

Supporting older people in care homes at night.

York : Joseph Rowntree Foundation, 2008.

This report explores the night-time care experiences of residents, relatives and staff in three care homes in Scotland. This report examines the perspectives of residents, relatives, staff and care homes inspectors. It identifies areas of good and poor practice, and recommends ways to make improvements through a series of interventions.

Shelfmark B12

ISBN 9781859356395

Rahman, Anna N. and Schnelle, John F.

The nursing home culture-change movement : recent past, present, and future directions for research.

This article uses a retrospective approach to critique the research base underlying the nursing home culture-change movement - an effort to radically transform the USA's nursing homes by delivering resident-directed care and empowering staff.

The gerontologist 48(2), April 2008, 142-148

Shelfmark B12J

Teamwork

Bourbonnais, Anne and Ducharme, Francine

Screaming in elderly persons with dementia : a critical review of the literature.

This article presents a critical review of empirical data to guide knowledge development of screaming in elderly persons with dementia.

Dementia 7(2), May 2008, 205-225

Shelfmark D25

Technology

Alderson, Kevin

Telecare and the future of social care.

This paper explains the benefits of adopting telecare within a social care setting, how it enhances quality of life for both users and carers, and how it cuts costs for social services and healthcare providers.

Journal of care services management 2(3), April-June 2008, 253-257

Shelfmark B07

Orpwood, Roger et al.

Evaluation of an assisted-living smart home for someone with dementia.

This paper presents the result of a study evaluating a completely autonomous smart home installation in an apartment in a care home, and the impact it had on the behaviour and independence of someone with quite severe dementia. It describes the technology that has been evolved for this purpose, and how the apartment was configured.

Journal of assistive technologies 2(2), June 2008, 13-21

Shelfmark B07

Training**Hughes, Jane et al.**

Care staff working with people with dementia : training, knowledge and confidence.

The complexity and diversity of the needs of older people in care homes presents challenges to those responsible for caring for residents, in particular nursing and care assistant staff providing the majority of direct care. This study examines the degree of knowledge and confidence of these staff in caring for people with dementia and seeks to identify factors which can contribute to greater confidence.

Dementia 7(2), May 2008, 227-238

Shelfmark G2

Benbow, Susan M., Taylor, Louise and Morgan, Kathleen.

Multiple perspectives : involving users and carers in educating health and social care professionals.

The authors describe how a user and carers were involved in teaching as part of the MSc in Applied Studies in Ageing and Mental Health at Staffordshire University, the impact that this had on students on the course and evolving plans to develop the work further.

Quality in ageing 9(2), June 2008, 12-17

Shelfmark G2

Types of dementia**Cayton, Harry, Graham, Nori and Warner, James**

Alzheimer's and other dementias : answers at your fingertips.

3rd ed.

London : Class, 2008.

Dementia can be challenging and confusing, affecting carers, family and friends as well as the person diagnosed. This book answers 276 questions from all these people about the realities of dementia, and will provide you with the knowledge to help you to understand the condition and take control.

Shelfmark H

ISBN 9781859591482